

Smart & Soulful *Skincare 2050*

Prakriti Jain

Table of Contents



Fig. 0: Stock of Skincare collection
in a bathroom shelf

Introduction

Positionality statement	03
Skincare Industry and Cultural Background	04

Evolution of Skincare

Hindsight Timeline & Key Voices and Events	05
---	----

Trends & Analysis

Purpose and Role	09
Key Trends and Drivers	09
Trends In Focus	11
Critical Analysis of Industry's future	13

Research Methodology

Framework & Approach	15
Scenario Matrix	16
PPPP Cone	17

Speculative Design

Preferred Future: 2050	18
Thematic Breakdown of Future Vision	19
Backcasting Timeline	21
Future Persona	23
Design Speculation: 2047	24

Conclusion

Potential Drawbacks & Implications	33
Masters Project Brief	34
Reflections	35
References	37
Appendix	42

Positionality Statement

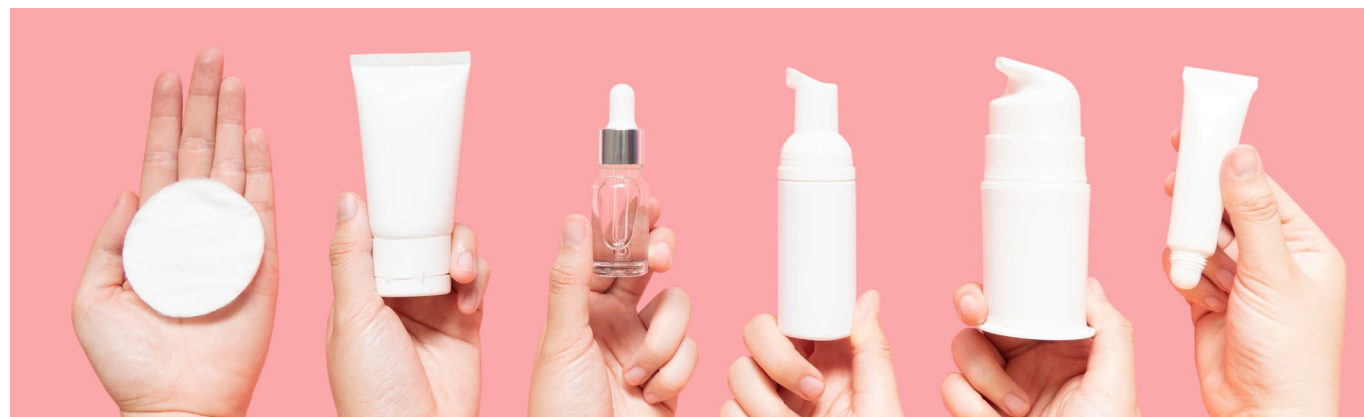
While reorganizing my bathroom shelf one day, I was struck by the sheer volume of skincare products I owned, far more than I needed. I've found myself reflecting on my consumption habits lately, particularly in relation to skincare. It's fascinating how social media influences us, especially given the performative culture surrounding these products.

As a young Indian woman navigating today's digital landscape, I've observed how influencers and algorithm-driven content can subtly shape our purchasing decisions, often leading us to choices that we might not consciously make. We're gently guided in a certain direction, and it makes me question whether those choices truly resonate with what we really want.

Having observed the skincare boom personally and socially, I question whether consumption today reflects genuine needs or if we are conditioned to consume by external forces. Our fixation on Skincare as an 'act of self-maintenance' deserves deeper examination.

As I research skincare consumption in Mumbai, the aim is to maintain an open perspective and acknowledge that my experiences and cultural background will shape my views. By being transparent about my perspective, I hope to provide a clearer understanding of the industry and its future. It's a journey of exploration, both of the people around me and myself as I strive to approach it with care.

Fig. 1: Skincare flat lay with natural ingredients



This report examines **skincare consumption** within the broader context of cultural trends and environmental sustainability. The beauty and wellness industry, particularly Skincare is a rapidly growing market in India, surpassing \$8.78 billion in 2024 and is expected to nearly double by 2033 (Astute Analytica, 2024). However, this growth is deeply entangled with a culture of overconsumption, heavily influenced by social media and influencer marketing. Skincare has transformed from a basic routine into a cultural trend in today's world. As brands relentlessly introduce new products, the distinction between self-care and consumption has blurred.

Industry & Cultural Background



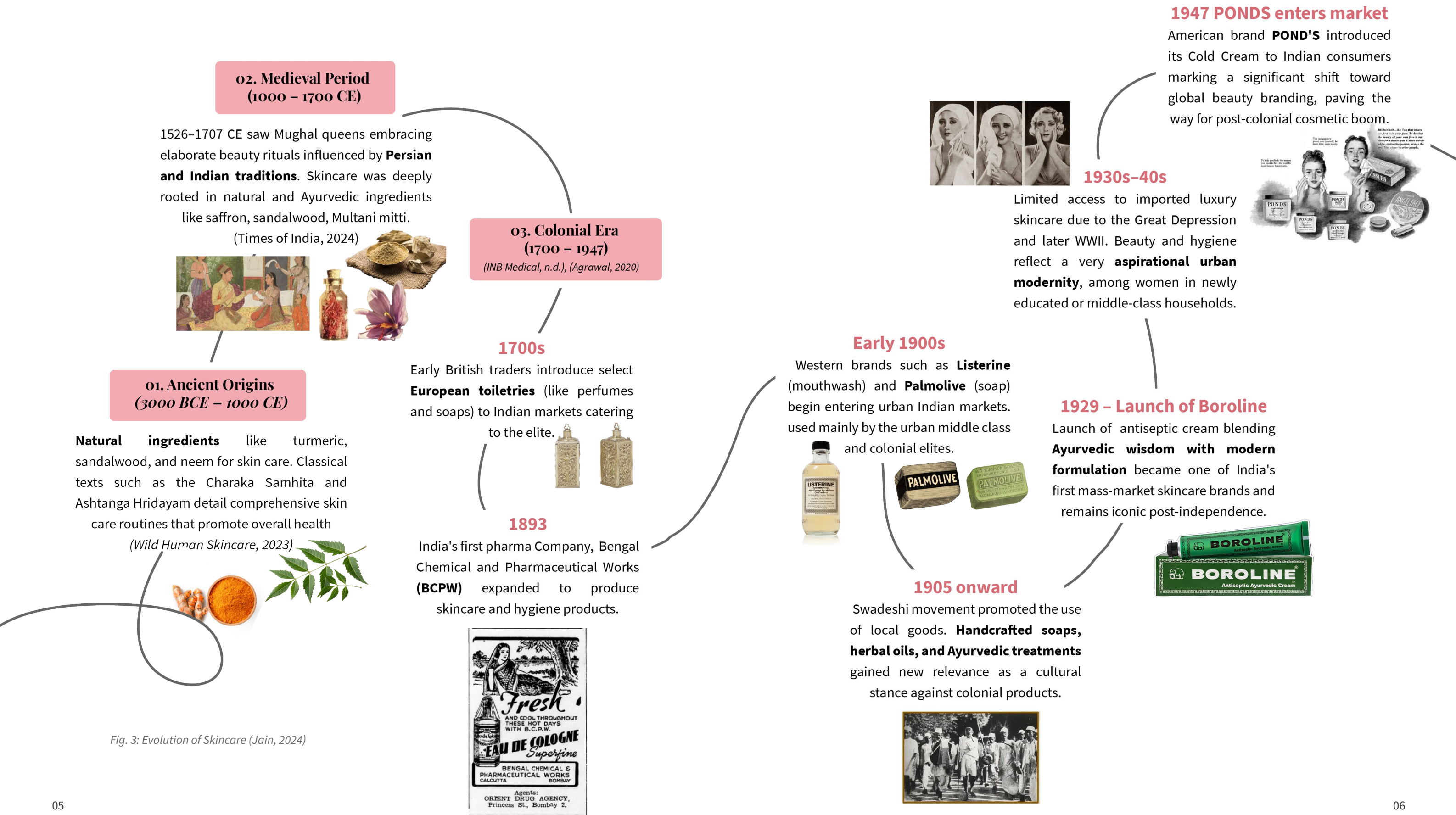
Fig. 2 : Promotional imagery from Memebox (Memebox, 2025)

Beneath the shiny advertising and increasing sales, the environmental and social consequences of the industry frequently remain overlooked. Despite climate change already surpassing 1°C above pre-industrial levels (Copernicus, 2024), how Skincare is consumed remains unchanged. In response, some global and Indian brands have begun to reduce their carbon footprints, but these efforts are limited and not widely adopted. Moreover, sustainability is increasingly being used as a marketing tool, often in misleading or superficial ways (Feghali, Najem and Metcalfe, 2025).

A 2024 survey conducted of young women in Mumbai by me as a part of DRSC, found that social media influences their purchase of skincare products more than expected. While their primary concerns are product benefits and personal feelings, environmental impact is a secondary consideration, showing a disconnect between personal care and planetary responsibility.

For today's urban young adults, Skincare represents a complex tension. On the one hand, they grapple with eco-anxiety, digital fatigue, and growing distrust in greenwashed narratives. Conversely, they **seek transformation, control, and self-assurance** through their routines (Euromonitor, 2023). Skincare is no longer just about results but about identity, aspiration, and emotional reassurance (Aronowitz, 2024). A Kansas State University study notes that emotions play a crucial role in beauty purchasing. The hope that the next serum or moisturizer will be "the one" drives repeated purchases. Consumers often remain loyal out of habit or fear of losing progress, creating a cycle of buying and applying without questioning genuine needs. If this continues, the beauty industry risks becoming part of the problem rather than the solution. To truly address climate challenges, how we approach Skincare needs to change. This report explores how we might rethink skincare consumption through a more mindful, speculative lens that shifts the focus from constant buying to deeper awareness, care, and balance between people & planet.

Hindsight Timeline



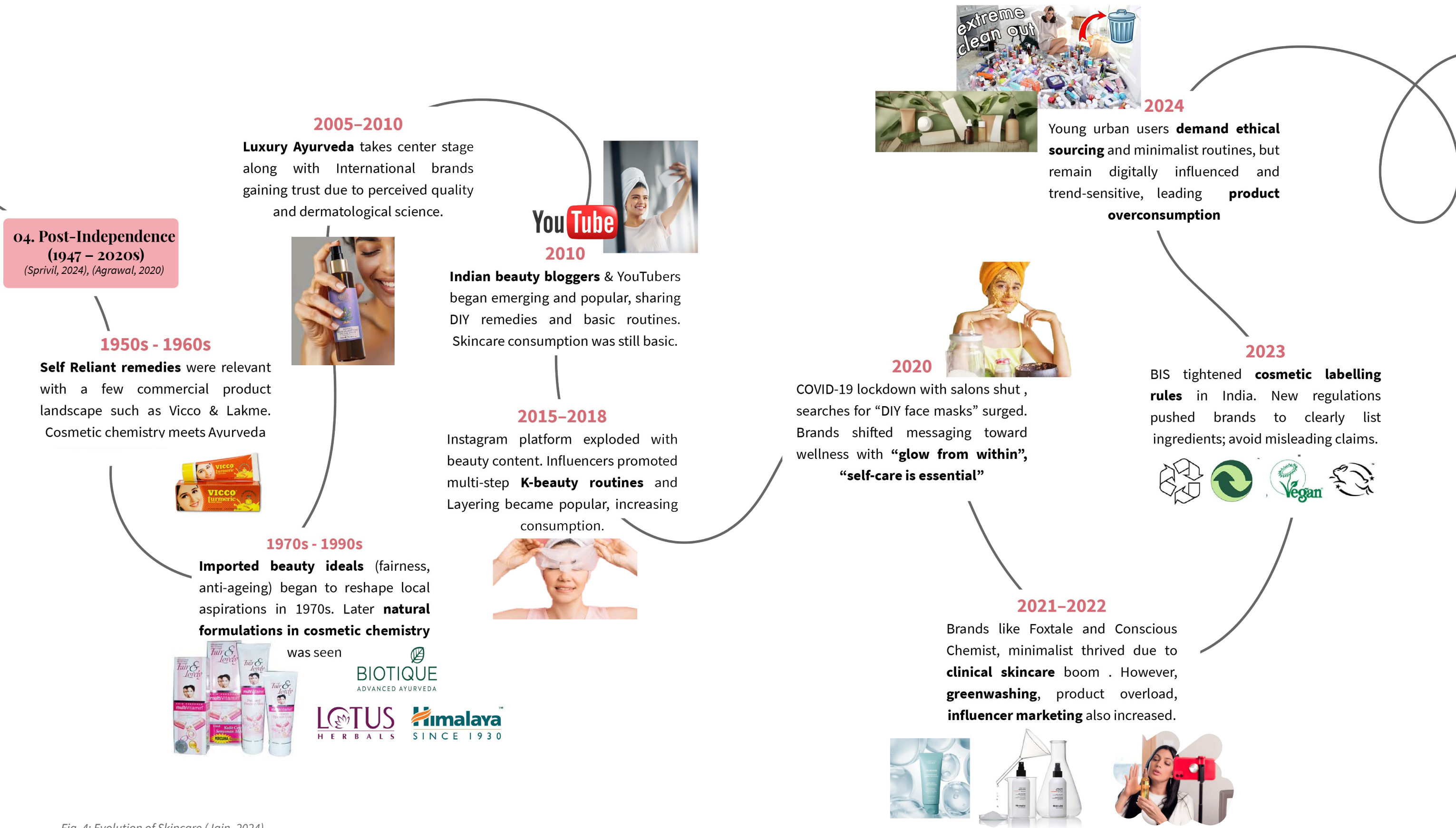


Fig. 4: Evolution of Skincare (Jain, 2024)

Purpose of *Trend Analysis*

A literature study was the first step in the research process, followed by stakeholder mapping (Appendix A) and a stakeholder value exchange map (Appendix B) to identify power dynamics, conflicting needs, and systemic barriers within the skincare ecosystem. PESTLE+E (Appendix C) analysis assisted to critically evaluate the macro factors influencing the industry. Understanding the key shifts in the present is crucial for imagining plausible futures for the skincare industry. This section therefore uses a **Trends Analysis Framework** to identify, understand, and contextualize dominant and developing trends. It serves as a vital link between current circumstances and future opportunities, illuminating both challenges and signs of transformation within the skincare industry.

The study delves into Global Trends (Appendix D) to better understand the evolving consumer values, rising sustainability concerns, and technological advancements shaping market behaviors. Given the strong impact of Western culture on Indian consumers, especially in urban areas like Mumbai, it was essential to adopt a global perspective to understand how these trends are embraced or resisted in India. Further researching India trends (Appendix E)

Trends & Drivers shaping Skincare Futures

This section explores both emerging and dominant trends in the skincare industry in **India** and the key driving forces that shape them. It draws insights from the Trends Triangle in Figure 6, and a PESTLE+E informed lens. Trends and drivers in India are examined at the macro, meso and micro levels to demonstrate the interconnectedness of different levels and influence on present and future of Skincare.

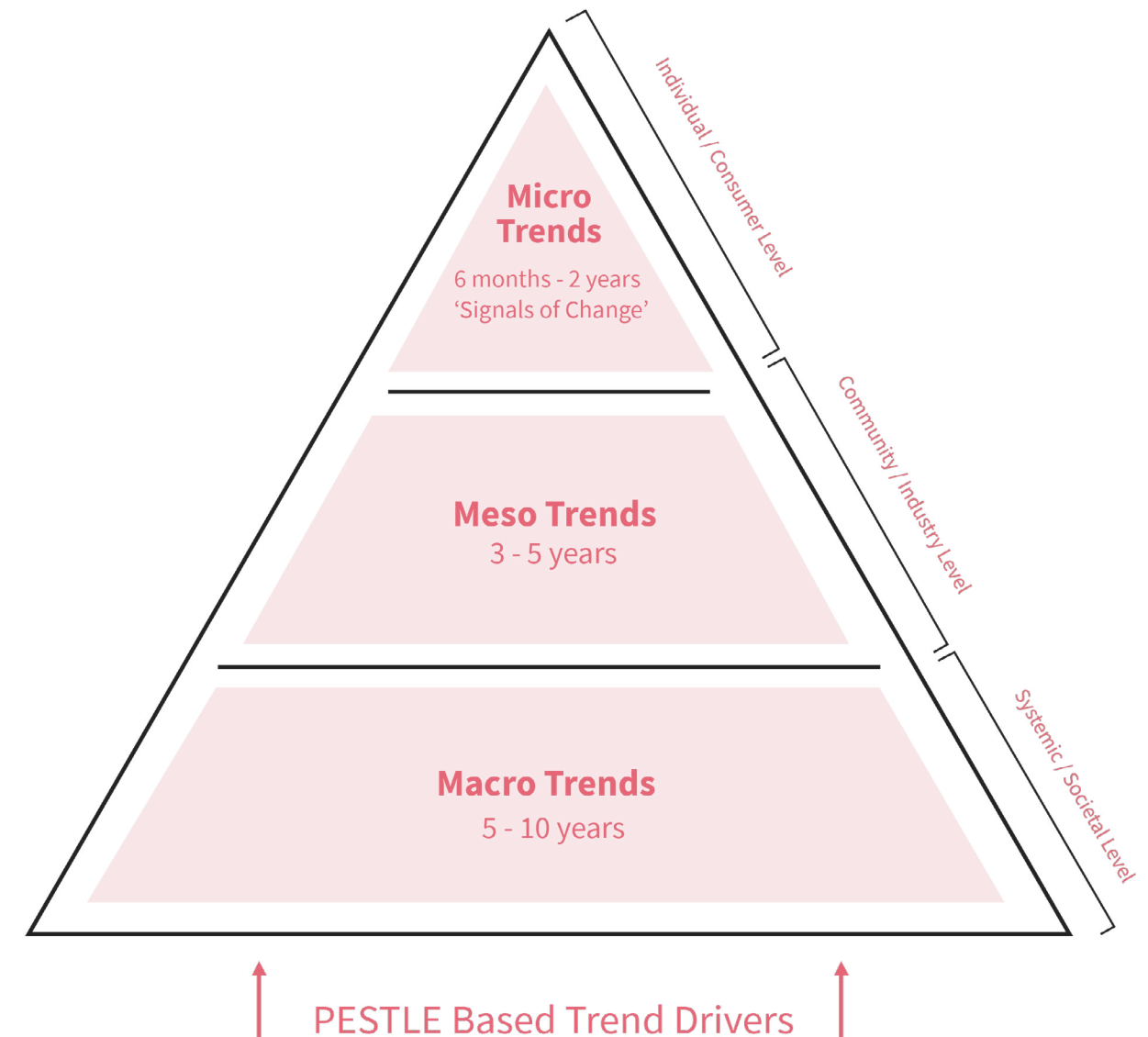


Fig 5: Adapted Illustration of the Trend Triangle used for the development of plausible future scenarios (Healy-Adonis, 2024)

Micro Trends

Demand for Ingredient Transparency

Key Drivers:

Social - A rise in ingredient awareness

Cultural - Shift towards informed, health conscious consumption

Rise of Personalized & Experiential Beauty

Key Drivers:

Technological - Emergence of AI-based skincare tools and diagnostics

Economic - Expanding D2C market, enabling customisation at scale

Overexposure Leading to Decision Fatigue

Key Drivers:

Social - Viral product launches create overwhelming choice

Psychological - Growing mistrust in influencer-led marketing

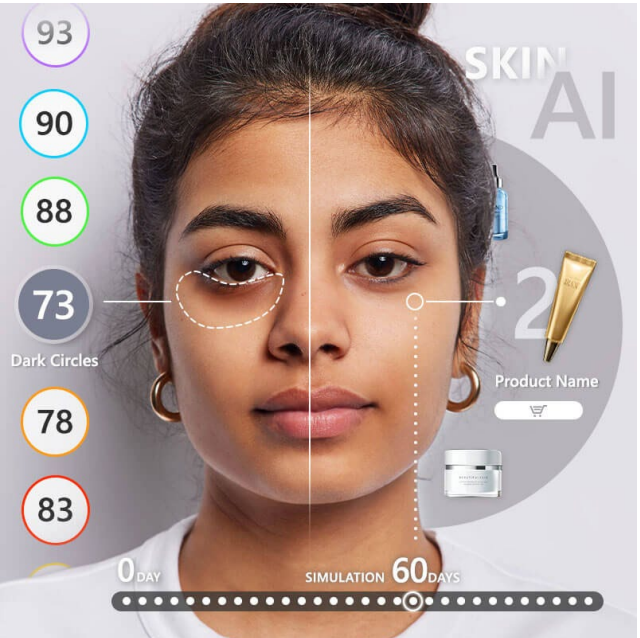


Fig.6: AI-powered skincare analysis showcased at Cosmoprof India 2024 (Perfect Corp, 2025).

Meso Trends

AI & AR Tools Reshape Beauty E-Commerce

Key Drivers:

Technological - Use of AI diagnostics and virtual try-ons in platforms

Holistic Beauty Rooted in Wellness Blending Clean Beauty and Hybrid Skincare

Key Drivers:

Cultural - Stronger inclination toward wellness as part of beauty

Scientific - Preference for clinically effective and clean formulations

Local, Inclusive, and Minimalist Brands Gaining Traction

Key Drivers:

Cultural - Rising pride in local innovation and demand for inclusion



Fig.7: Screenshot from the Indian brand 'Minimalist's' official Instagram page (Minimalist, 2025).

Macro Trends

India as a Global Beauty Hotspot

Key Drivers:

Economic - Rising disposable income amongst middle class

Cultural - Increasing global interest in Indian beauty rituals

Emergence of Authenticity and Rejection of Idealized Perfection

Key Drivers:

Social - A backlash against filtered beauty standards

Generational - Gen Z embraces flaws and individuality

Rise of Sustainable & Eco-Friendly products

Key Drivers:

Ecological - Pressing issue of climate change

Regulatory - Increasing demands for transparency & ethical sourcing

Cultural - A shift towards conscious consumption



Fig.8: Skincare product made using natural ingredients (Naturally Balmy, n.d.)

India Beauty and Personal Care Products Market Size, By Value (USD Billion), 2019–2031

BlueWeave
CONSULTING

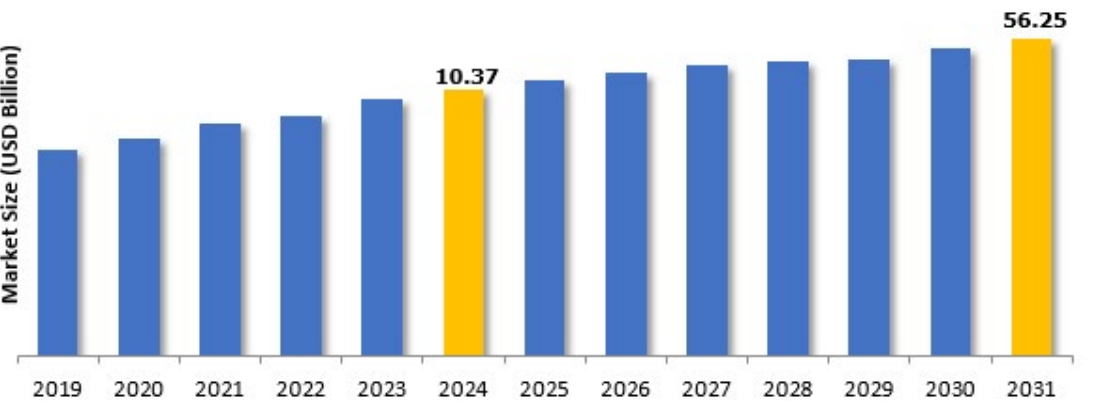


Fig.9: Projected growth of the Indian Beauty and Personal Care Products Market from 2024 to 2031 (BlueWeave Consulting, 2025)

Key Trends In Focus

01. Holistic Beauty

Holistic beauty redefines Skincare by shifting focus from treating specific concerns like acne and wrinkles to nurturing the whole individual. More consumers recognize the link between skin health, physical well-being, and mental wellness. Consequently, Estheticians are evolving into wellness advisors, offering guidance beyond topical treatments to include lifestyle modifications and mindfulness practices (Skin Science Institute, 2023).

This development signifies a broader consumer shift towards **natural, ethically-produced, and wellness-focused products** that align with overall wellbeing. (Groupe Berkem, 2023). Within the Indian context, this shift is deeply rooted in traditional practices. Brands such as Kama Ayurveda, Ranavat, Forest Essentials, and Fable & Mane integrate Ayurvedic principles into contemporary skincare formulations.

Simultaneously, global brands are innovating within **'neurocosmetics'**, meaning products designed to benefit dermatological and psychological health. These formulations often feature sensory elements, such as calming fragrances and soothing textures, which aim to alleviate stress and enhance mood while delivering skin benefits (Menteath, 2024).

Collectively, these trends signify a paradigmatic shift in the conceptualization of beauty, emphasizing health, and holistic wellbeing over traditional ideals of physical perfection (Forbes Tech Council, 2024).



Fig.10: Product collections from Phoenix Bath & Beauty (Phoenix Bath & Beauty, 2025).

02. Overexposure & Growing Digital Fatigue

The beauty and skincare market, particularly among young Indian consumers, is increasingly shaped and overwhelmed by constant exposure to new products, micro-trends, and influencer recommendations. In an era where digital platforms are deeply embedded in everyday life, social media is marking **Skincare as entertainment and a status symbol**, resulting in a never-ending pursuit of the latest products and trends. Gen Z users are continually introduced to emerging skincare products and routines by influencers, encouraging them to experiment and switch products frequently, often without sustained use or long-term commitment (Vogue Business, 2024).

This constant novelty contributes to choice paralysis, a growing issue in the skincare industry. With an overwhelming number of brands and formulations available, consumers face stress, confusion, and frustration when attempting to find a product that suits their needs (Salience, 2024). Although trends like “glass skin,” “skin cycling,” and “slugging” may initially generate excitement, the sheer pace of innovation and hype can lead to emotional exhaustion and eventual cynicism, mainly when the promised results fall short of expectations.

While access to a vast array of skincare information and innovations has empowered consumers, it is also beginning to backfire. The current digital and product overexposure risks alienating users through fatigue, disillusionment, and burnout, prompting a cultural pivot toward slower, simpler, and sustainable beauty practices.

03. Scientific, Sustainable and Personalized Skincare

The global skincare market's growth is propelled by AI-driven technologies that enhance personalized experiences and rapid product innovation. The tech indicates a future where skincare regimens are solutions and tailored experiences seamlessly integrate science, regulations, and beauty (Sprivil, 2023). Businesses are using machine learning to adjust their product strategies by predicting popular skincare trends. This proactive approach enhances product relevance and strengthens competitive advantage while guiding tailored skincare innovations. Although **biotechnology** has long been employed in medicine, its

effects on the beauty industry are becoming more apparent (Cosmetics Business, 2024). Integrating biotechnology and AI is also revolutionizing India's skincare industry. Companies like Novology are developing clinically proven products co-created with dermatologists, focusing on conditions like acne and dry skin (Vocal Media, 2024). Additionally, brands like WOW, Skin Science and Mamaearth utilize AI algorithms to analyze skin types and concerns, providing personalized skincare solutions (Ranjandas Talks, 2024).

As beauty brands navigate the future of hyper-personalization, customer identity is becoming increasingly crucial. The early adoption of the technology has led to a flood of beauty tech solutions with big promises and flashy marketing (BeautyMatter, 2024).

Critical Analysis of the Industry's Future *& Need for Change*

The skincare sector is currently at a pivotal juncture, influenced by the confluence of **scientific advancements, the growing demand for personalized solutions, digital influence, and heightened ethical and environmental considerations**. A critical analysis of current trends reveals an urgent need for recalibration. While these innovations offer unprecedented convenience and capitalistic gains, one of the most enduring drivers of this crisis is our cultural addiction to overconsumption.

India, a rapidly growing hub in the global skincare landscape, is experiencing a shift in consumer values, especially among young adults. On the one hand, they face rising eco-anxiety, digital fatigue, and growing distrust in greenwashed narratives. Conversely, they are seeking transformation, control, and confidence (Euromonitor, 2023).

However, the industry mainly remains reactive, prioritizing profit, pace, and trend responsiveness over long-term sustainability and reframing nature as a key stakeholder. In light of these insights, it becomes imperative to envision futures where Skincare is effective, inclusive but also **mindful, ethical, and ecologically attuned**.

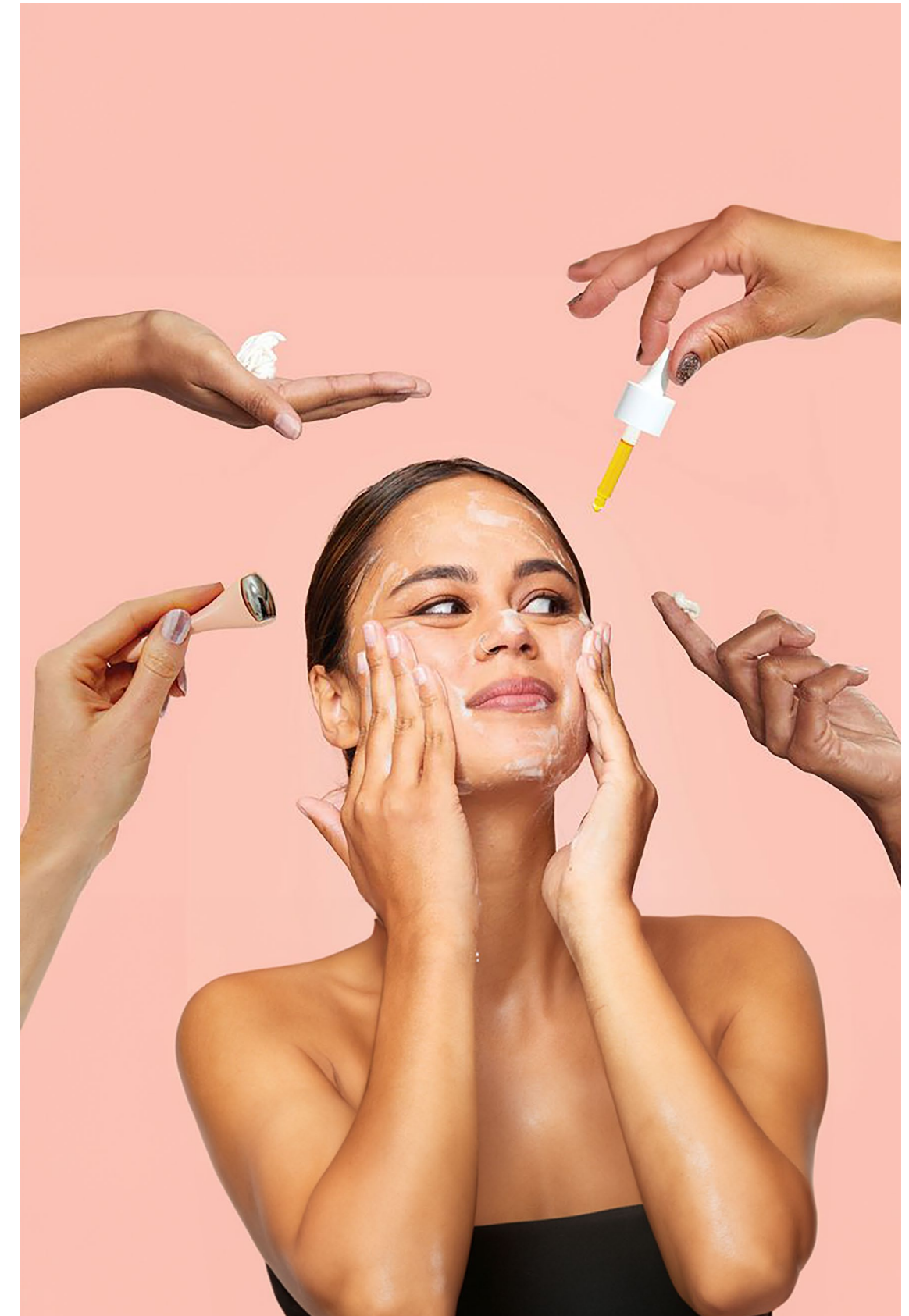


Fig.11: Quiet Quitting Is Coming For Your Skincare Routine blog post (Cochran, 2023)

Framework & Approach

This research uses a combined approach that brings together **Speculative Design** and the **Transition Design framework**. Speculative design assists explore and imagine possible futures by considering how new products, systems, or values could impact society (Winshanokprasith, 2020). It encourages creative thinking and challenges the way we see the present. Alongside this, Transition Design takes a more structured, long-term approach to solving complex problems like overconsumption and sustainability in Skincare. It focuses on creating a shared vision for the future. (Ayme, 2022).

Scenario *Matrix*

Having delved deeper into understanding the context, history, and emerging global and India-specific trends and drivers, future forecasting tools are employed to guide speculative inquiry. The scenario matrix illustrated in the *Figure 12* serves as a vital foresight tool, providing a systematic method to investigate possible future conditions of skincare consumption in Mumbai, India. As emphasized by Courtney (2003), scenarios aid decision-making amid uncertainty, helping identify opportunities and avoid pitfalls. Arup’s 2050 Scenarios exemplify this approach by mapping trajectories to inform intervention strategies (Arup, 2019).

To ensure a holistic approach to research, the matrix was examined through environmental, social, cultural, technological, and economic lenses. These enable a multi-perspective understanding of how the skincare sector might evolve. The **Fourth Industrial Revolution** emphasizes digital transformation (McKinsey & Company, 2022).

The Preferred Future is set at the junction of tech-enhanced and holistic mindful skincare, underpinned by sustainable and eco-conscious consumption

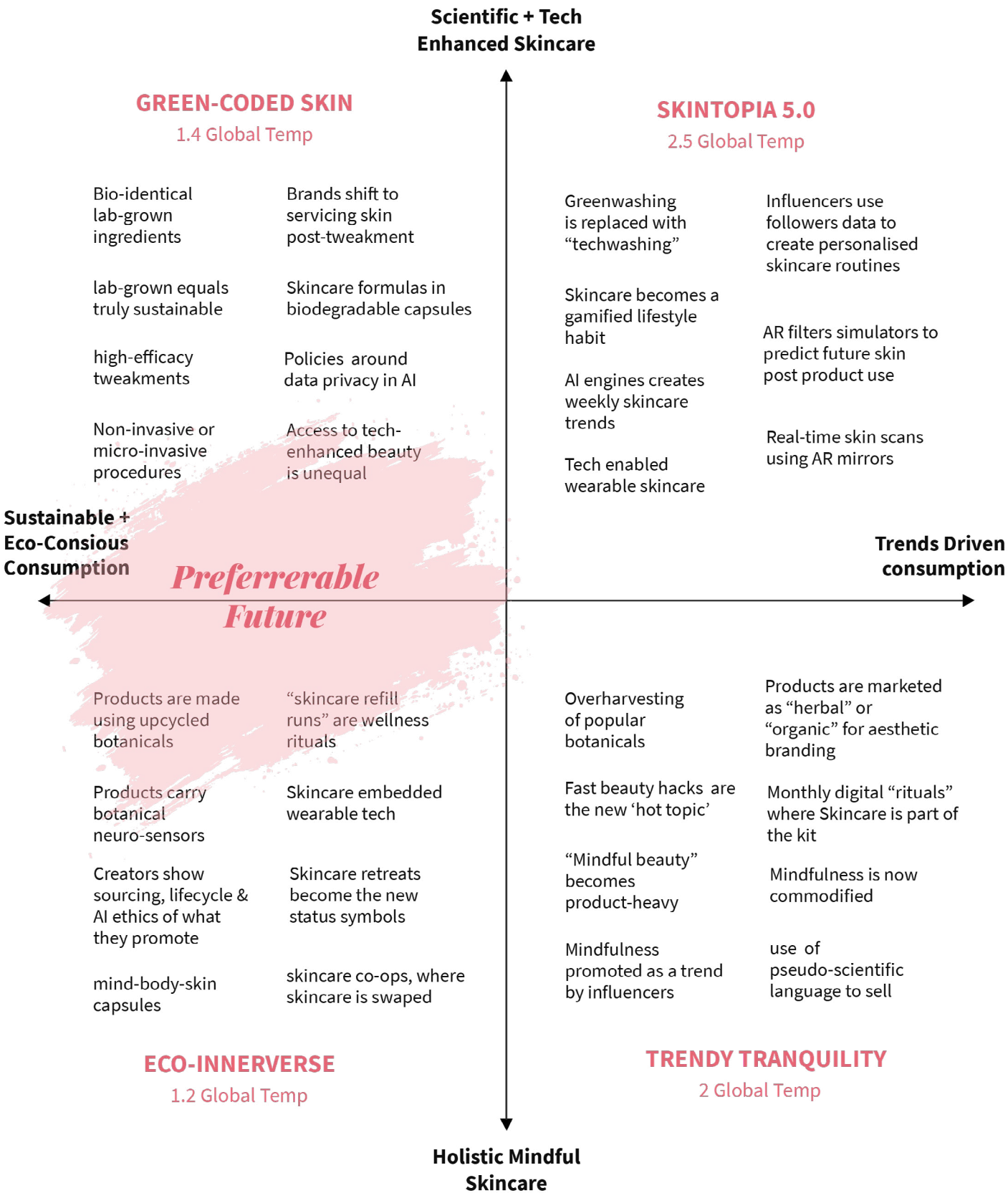


Fig.12: Scenario Matrix illustrating the four plausible futures explored (Jain, 2025)

Cone of Probability

Instruments like the Futures Cone illustrated in *Figure 13* assists this study in structuring scenarios, examining options, and defining a vision for desired future. The PPPP Cone, first conceptualized by Joseph Voros (2003) and later developed by Dunne and Raby (2013), has become a pivotal framework in speculative design (Johannessen et al., 2019). The Cone categorizes future scenarios into four buckets:

Probable Futures

Plausible Futures

Possible Futures

Preferred Futures

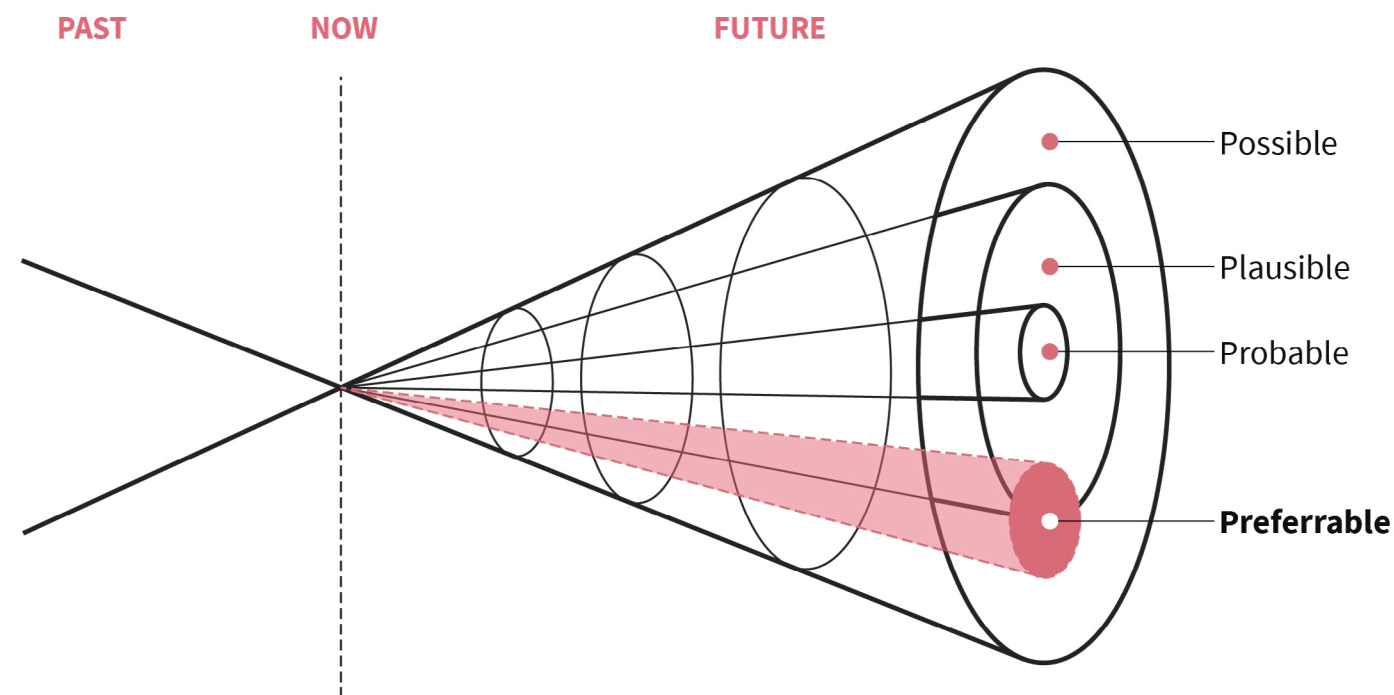


Fig.13: PPPP Cone, illustrating the 4 categories of future scenarios (Jain, 2025)

Approach

Backcasting is employed as a speculative tool to complete the foresight process. It focuses on how desirable futures can be achieved by working backwards from the preferred future to the present to assess the idea's or project's feasibility (BetterEvaluation, n.d.). Key steps, events, voices, and milestones are identified to reach the envisioned 2050. The backcasting process in this study, considers the technological, political, social, economic, and cultural factors that could influence the future of skincare consumption. This retrospective approach can be examined in the timeline in *Figure 16*. A detailed version of the same can be seen in Appendix G.

Preferred Future: 2050

In the envisioned future in Mumbai, India, Skincare is no longer defined by product accumulation or trend-chasing. Instead, individuals engage with Skincare as an **integrated ritual of wellbeing** deeply aligned with emotional, ecological, and personal values. Consumption is intentional and experiential, not compulsive. Skincare is embraced as a practice and a way of life rather than merely a product to be purchased.

In this more intentional and mindful world, Skincare reflects inner balance, mental wellbeing, and ecological responsibility, illustrated in *Figure 15*. The boundary between self-care and planet care is dissolved, reinforcing that personal wellness cannot be achieved at the planet's expense.

Technology is supportive and unobtrusive, enhancing wellbeing, without taking centre stage. It is ethical and emotionally intelligent, coexisting harmoniously with nature rather than competing against it. Mumbai is evolving into a climate-conscious haven where clean air, public wellness access, and emotional safety are fundamental rights. **Regenerative systems and circular design** ensure equitable care and restore ecological health. In the future, Skincare will contribute to healing both people and the planet.



Fig.14: Universe Design collection showcasing cosmic and celestial themed art (IW Creative Space, 2025).

Thematic Breakdown Future Vision 2050



Environment

Global temperature dropped to 1.25°C with significant climate action.

Mumbai's climate is more manageable. Skincare acts as a refuge.

Water bodies are cleaner, cities are greener, and marine & land biodiversity has improved.

AI Data centres are regulated for ecological sustainability.

Skincare Industry - India

The industry is 90% sustainable.

Certifications are universal and transparent.

Harmful chemicals are banned, and greenwashing is legally penalized.

Brands face production thresholds on the limit of SKUs per year

India has become a global skincare innovation hub with stricter import laws



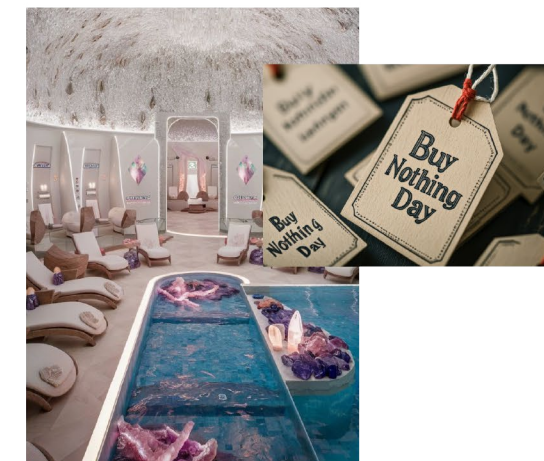
Technology in Skincare

Tech has a humanized presence.

Devices are seamlessly integrated like AI mirrors and skincare infused wearables.

Data is protected. Consumers own their emotional and biological data.

Use of biotechnology is used in skincare formulation process.



Society & Culture

Society has moved away from mass-market products.

Consumers are less drawn to Western beauty standards.

Skincare retreats are favoured.

Consumers are rewarded for engagement in sustainability.

Consumer Behavior

Consumers are deeply eco-conscious.

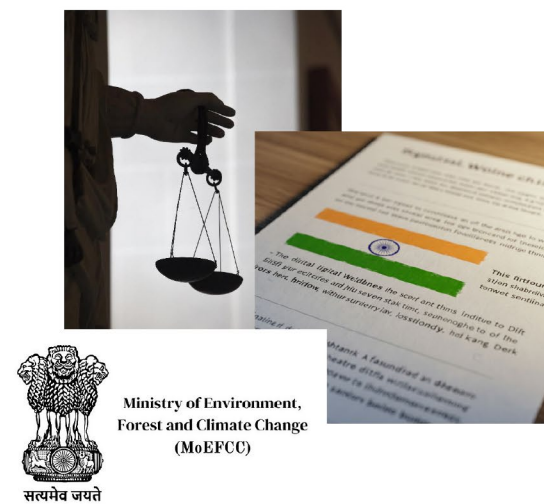
They fully understand ecological terms and make informed decisions.

Slow living is mainstream.

People demand "soulful skincare tech" tools that are respectful of their space.

High purchasing power exists, but consumption is need-based.

People disconnect from social media by default, not force.



Political, Legal, Economic Systems

Labour laws in skincare manufacturing units are highly progressive

Brands are held legally accountable for lack of transparency in emissions, labour, and sourcing.

Mandates for human oversight over AI and data ethics are in place.

A Digital Wellness Charter exists to ensure tech is not misused or harmful.

Fig.15: Illustration of thematic breakdown of 2050 future vision (Jain, 2025)

Backcasting Timeline

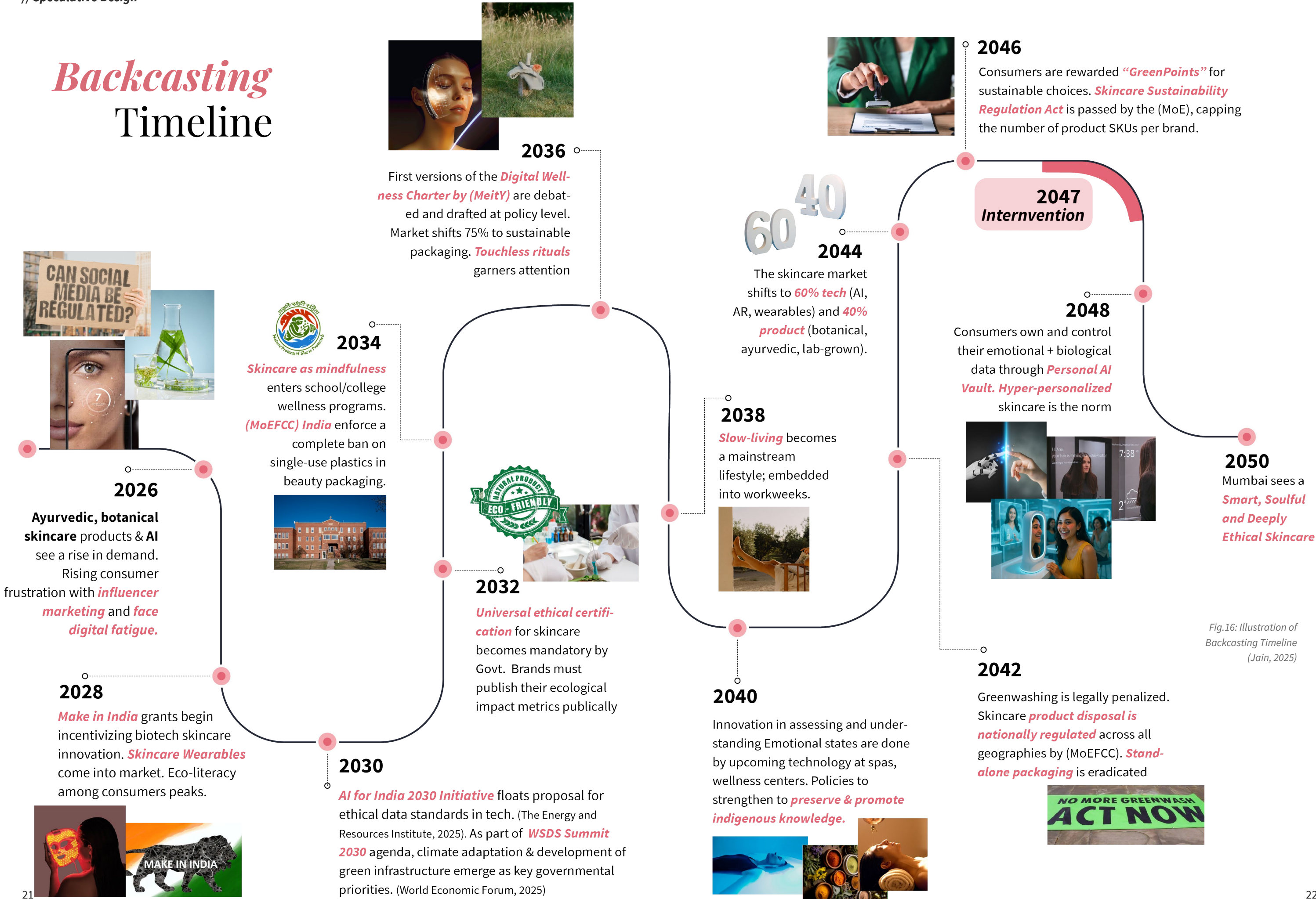
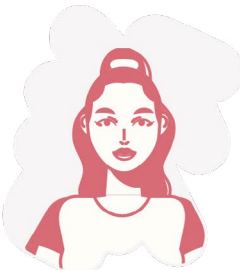


Fig.16: Illustration of Backcasting Timeline (Jain, 2025)

Future Persona

A future persona has been created to provide a tangible, human-centered context for foresight findings, illustrated in *Figure 17*. Future personas can be used in a scenario planning exercise to increase the clarity of scenarios in the minds of scenario planners (Dator, 2019). This persona, representing a young woman in 2050, serves as a narrative anchor in scenario planning, helping to clarify potential conflicts, needs, and goals for the ideal future.

In doing so, it **establishes the need for a design speculation** that takes on a more emotionally intelligent, human-centred, and intuitive approach to Skincare. A wellness approach that supports inner states and embraces nature as a key stakeholder in care, rather than surveilling them.



Aditi

- 25 years old
- Works as an assistant at a production house
- Lives in Mumbai, India

Persona Description

- Outgoing
- Perfectionist
- Hard Working
- Empathetic

Practical Problems

Constantly surrounded AI skincare assistants & AR smart mirrors, but feels most of it is built to sell, not to support. Reccs feel wasteful, or incompatible with her inner wants.

Feelings around it

Mentally & physically drained by her job, yet skincare feels like another task on her to-do list. Frustrated by the performative nature of AI wellness tools. Wishes her tools were more human.

Services used by her

Smart mirrors scan her skin, suggesting serums and supplements. They don't sense when she's emotionally exhausted or just needs to skip a routine and rest. Her skincare infused wearable device buzzes throughout the day

Fig.17: Illustration of Future Persona (Jain, 2025)

Design Speculation

The proposed design speculation operates within a broader system called **Eudermia**, derived from the Greek “EU”, meaning good, and “derma”, meaning skin. Eudermia symbolizes the pursuit of inner balance through outer care. It envisions **Skincare as part of a Public Wellness Infrastructure in Mumbai**, positioning holistic wellbeing as a **fundamental public right**.

This ecosystem is intentionally designed to nurture mental health, emotional literacy, environmental consciousness, and collective healing through mindful skincare practices. Moving beyond the paradigm of individual consumption, Eudermia redefines Skincare as a participatory and communal act that is immersive, experiential, and ecologically attuned.

Ethically constructed, the system resists overconsumption and advocates for slower, more intentional modes of living. It integrates AI-human hybrid support in calm, emotionally responsive ways that s rooted in care rather than control. Eudermia presents Skincare as a restorative practice, fostering both individual and ecological health within an open, inclusive context.

Components of Eudermia

The system is interconnected and mutually reinforcing, designed to integrate skin health, emotional wellbeing, and environmental context within Mumbai’s urban fabric. While the Skincare Wellness Pods form the centre of Eudermia, these subsystems contributes uniquely to form a holistic, mindful approach to Skincare as self-care.

- Skincare Wellness Pods
- Environmental Grid
- AI Wellness Companion
- Circular Skin Labs

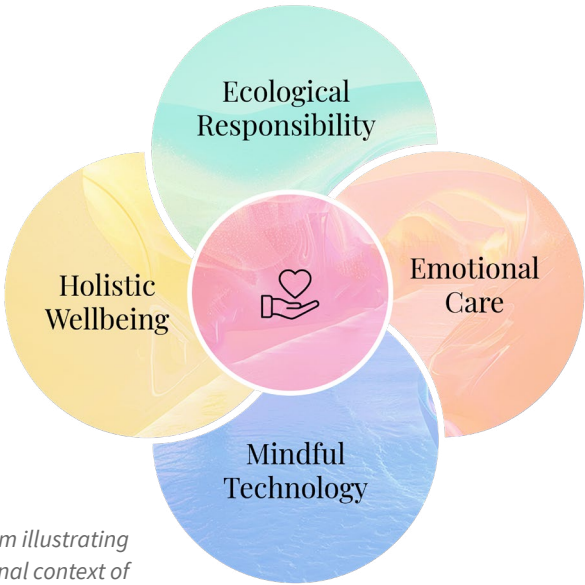


Fig.18: Diagram illustrating the situational context of skincare(Jain, 2025)

Skincare Wellness Pods

These small, public care cabins as illustrated in *Figure 19* are strategically positioned throughout the city, providing a wellness sanctuary. The location of these is based on a thoughtful analysis of the city's emotional terrain, intentionally placing them where they are most required. They can be found in corporate offices, co-working spaces, transit hubs, healthcare centres, busy neighbourhoods, green rooftops, and cultural venues. Each wellness pod functions as a mindful pause within the city's rhythm.

Upon entering, the pod performs a non-invasive assessment of the user's skin condition, emotional state, and ambient environmental factors. Rather than functioning as commercial outlets, these pods deliver personalized self-care rituals and recommend exclusively eco-friendly skincare products when appropriate. Powered by advanced yet gentle technology, the pods create **calming, human-centred experiences** that help people feel supported, refreshed, and emotionally balanced.



Fig.19: Skincare Wellness Pod
(Midjourney and Jain, 2025)

AI Wellness Companion

Embedded in each wellness pod, the AI companion as illustrated in *Figure 20* is equipped with emotional intelligence that understands and offers personalized compassion by fostering a deeply personal connection with the user. The system initiates by **assessing the individual's physical, emotional, and mental state**, updating its internal memory with any newly surfaced personal information. This is followed by a connection to the city's environmental data grid. Drawing from this integrated dataset, the AI system determines the most appropriate intervention by selecting one of three care pathways:

- A calming, in-pod treatment tailored to the individual's needs
- A customized product formulation created using fresh, sustainable ingredients sourced from Circular Skin Labs
- An intervention like guided rest, emotional grounding, mindfulness exercises, or offering space for stillness. The system may begin a soft, emotionally attuned conversation in suitable situations.



Fig.20: AI Wellness Pod
(Midjourney and Jain, 2025)



Fig.21: Environmental Grid (Midjourney and Jain, 2025)

Environmental Grid

This invisible network of city-wide sensors continuously monitors key environmental variables such as air quality (pollution, dust, and pollen), UV radiation, humidity, temperature fluctuations, urban noise, and crowd density. By synthesizing these data points, the grid generates an **“emotional weather report”** that reflects the overall comfort or stress levels imposed by the urban Environment on skin and mental health. The system, as illustrated in *Figure 21* dynamically adapts the wellness pod experiences based on real-time environmental conditions, ensuring treatments are contextually relevant and optimally soothing.



Fig.22: Circular Skin Labs (Midjourney and Jain, 2025)

Circular Skin Labs

These labs are biophilic, technologically advanced facility illustrated in *Figure 22* are dedicated to cultivating clean, biotechnology-derived skincare ayurvedic ingredients, preserving Indian traditional roots with modern tech efficiency. It uses sustainable lab-grown processes to produce plant-based activities without ecological harm. Robots manage ingredient cultivation and base formulation creation, which are then supplied to the Wellness Pods. This hub ensures ethically sourced, fresh, and customizable skincare base formulations that the pods personalizes and dispense in response to every user.

Skincare Smart Refill Stations

Scattered throughout public urban spaces in Mumbai, these refill stations, illustrated in *Figure 23* provide quick access to on-demand personalized skincare products linked to individual user profiles and the Wellness Pods. They focus on sustainability by partnering with eco-certified brands, using renewable energy, and adopting refillable packaging to reduce waste.



Fig.23: Smart Refill Stations (Midjourney and Jain, 2025)

Operational Framework of the Wellness Pod

CATEGORY	FUNCTIONALITY
Access	Shared access, similar to public parks, libraries, or community healthcare.
Payment	‘Greenpoints’ started in 2046 (refer to Fig) are awarded for sustainable choices in 2050 and can be redeemed for additional time inside the pod.
Regulation & Oversight	Regulated and funded by the Municipal Wellbeing Council, co-created by tech scientists, designers, environmental and wellness experts.
Data Privacy	Data is anonymized, encrypted, and stored temporarily with consent. After each session, it’s securely transferred to the user’s Personal AI Vault for future use.
Accessibility	AI voice assistant supports multilingual interfaces. Core session duration is 12–15 minutes.
User Eligibility	Open to all genders aged 18 and above despite cast or status.
Session Booking	Sessions can be booked via the mobile app or nearby kiosks. Real-time availability is shown.

Fig.24: Illustration of the Operational Framework on the Pods (Jain, 2025)

Interactaction with Eudermia



The future persona engages with Eudermia in the year 2050. Her days are often long and packed with shoots, meetings, and unpredictable schedules.

One morning, feeling a little emotionally and physically tired, she stops by a skincare wellness pod set up in a quiet corner of a nearby park. The pod gently monitors her and senses her fatigue. It doesn’t push a product but offers her a few options. Aditi chooses a short calming session with low lights, grounding sounds, and a warm facial compress made from fresh botanicals. She leaves feeling lighter and more in tune with herself.

Sometime later that week, on a hot, humid day during a long shoot break, she visits another pod on the rooftop of her studio. It remembers her from earlier and offers a soothing treatment for her irritated skin. She chooses a calming, touchless product-infused treatment that gently hydrates and soothes her skin. The moment feels like a brief escape from the chaos of the day. She accepts it with a quiet smile, feeling refreshed and more centred.

The following weekend, she drops by the pod near a cultural centre where her friends host an exhibit. This time, she doesn’t need anything for her skin. She just needs stillness from all the chaos around her. The pod senses that and offers her a quiet moment. It involves no screens, no talk, no product, just space to breathe.

This is what Skincare means in 2050. It’s not about chasing flawless skin or filling bathroom shelves. It’s about care. **Real, Responsive, Respectful.** Aditi doesn’t treat self-care as a checklist anymore. She treats it as a ritual to return to herself. And the skincare wellness pod is simply there when she needs it.

Potential Drawbacks & Unintended *Implications*

Privacy of Data & Emotional Surveillance

Although the system prioritizes the encrypted and anonymized storage of data, the intimate nature of behavioural tracking and emotional diagnostics may raise concerns about emotional surveillance. Even with protocols established, the regular practice of gathering data within public health systems might lead to certain apprehensions.

Gaps in Equity and Accessibility

Accessibility issues may persist even if the pods are designed to be a public resource. Specific demographic groups, such as the elderly and individuals from lower socioeconomic backgrounds, could be marginalized because of their digital literacy and differing levels of comfort with AI-based technologies.

Cultural and Behavioral Shifts in Consumption

For the model to work properly, individuals must adopt a mindset that values thoughtful, preventive, and emotionally aware Skincare over impulsive purchases. This necessitates breaking long-standing patterns associated with performative wellness, beauty capitalism, and instant gratification. Without broad cultural acceptance of these principles, the system risks underutilization

Technological Maintenance

Establishing a widespread pod deployment throughout the city would necessitate a strong technical foundation, regular upkeep, and backup procedures. Irregularities could erode public trust in the system's reliability and disrupt the uniformity of care.

Over-dependence on AI Companion

Over time, the AI Companion's empathetic design may lead to emotional dependence on machine care. While supportive, it could inadvertently reduce human connections or encourage solitary healing.



Fig.25: Woman covered in foam

Masters Project Initial Brief

Aim

To investigate how Skincare in urban Mumbai can start to evolve from an individual, consumption-driven practice to a communal Public Wellness Service by prototyping or envisioning early interventions that shift behaviours, access, and cultural understanding around care.

Objectives

- To explore how Mumbai's young urban adults perceive and engage with Skincare, especially in light of overconsumption, environmental stressors, and emotional well-being.
- To find areas of opportunity and need where Skincare could serve as a public good.
- To create a strategic design outcome that prototypes a service, system, or experience in line with the long-term goal of Skincare as a public wellness service
- To create a strategic design outcome that prototypes a service, system, or experience in line with the long-term goal of Skincare as a public wellness service
- To assess, via testing and stakeholder input, the ethical and behavioral implications of repositioning skincare in this manner

Stakeholder Involvement

Mumbai's young urban adults, ages 18 to 28, as key drivers of skincare consumption and keen adopters of change. They're also the most affected by today's gaps in environmental, emotional, and skin wellness.

Policymakers along with **Urban planners** and **public health stakeholders** in Mumbai and India.

Wellness professionals, skincare startups, and public health innovators who will act as the co-creators and enablers of systematic change in the industry.

Reflections

Before developing my future vision, the knowledge from the Leading Design Futures (LDF) unit felt fragmented. Shaping a speculative future helped everything click, sparking thoughts and questions that now come to me effortlessly. I constantly reimagine existing realities through a future-focused lens.

My exploration of Skincare and overconsumption has significantly evolved from DRSC to LDF and further to my FMP. LDF opened up new domains of inquiry, linking Skincare to consumption and emotional wellness, public infrastructure, and ecological design. Key classroom quotes, by Leslie Crombie, have stayed with me: the idea of replacing “culture” with “community,” practising upstream thinking, and starting with seemingly “impractical” ideas to make bold design moves.

Classes by Prof. Seaton and Dr. Mike Baxter introduced critical ecological thinking. I’ve consciously embedded ideas like “planet as the biggest client,” designing with nature rather than just for people and reframing nature as a primary stakeholder. These provocations reshaped my worldview and strengthened design ethics.

Foundational materials like Earth for All and Superflux’s TED Talk about the need to reimagine futures in the early weeks proved pivotal. Case studies like H2S design sprints and presentation workshops with Fiona Myles and Christine gave practical tools to structure my thinking and present it clearly. While speculative reports from ARUP were intimidating, they deeply inspired.

Trend analysis and Backcasting became instrumental in keeping my vision ambitious yet strategic. Designing speculative visuals played to my strengths, helping me think through form and function simultaneously.

Moving forward, I aim to benchmark international examples for systemic change, challenge views treating the Environment as property. Finally, scenario thinking for various stakeholders will be crucial to tackle wicked problems like overconsumption. Throughout this course, peer support combined with deep personal interest in my study has made this journey meaningful and future-ready.



Fig.26: Skincare product in a miniature shopping cart

References

Agarwal, R., 2023. Challenges the beauty industry faces in 2023 and solutions. [online] Times of India. Available at: <https://timesofindia.indiatimes.com/blogs/voices/challenges-beauty-industry-faces-in-2023-and-solutions/>

Aronowitz, S., 2024. Can Skincare influence your brain and mood? [online] Psychology Today. Available at: <https://www.psychologytoday.com/us/blog/the-clarity/202412/can-skincare-influence-your-brain-and-mood>

Arup, 2022. 2050 Scenarios: Four plausible futures. [online] Available at: <https://www.arup.com/insights/2050-scenarios-four-plausible-futures/>

Ayme, A., 2022. Transition Design: A Future-Oriented Vision to Today's Solutions. [online] Medium. Available at: <https://medium.com/@adamaymo/4-transition-design-a-future-oriented-vision-to-todays-solutions-26f3808d02ba>

Basuroy, S., 2023. Indian Beauty and Personal Care Industry: Growth, Trends and Opportunities. In: D. Sinha, ed., Handbook of Research on the Platform Economy and the Evolution of E-Commerce. Singapore: Springer, pp.149–162. Available at: https://link.springer.com/chapter/10.1007/978-981-19-4892-3_8

BeautyMatter, 2023. Is Beauty Ready for a Post-Climate Crisis World? [online] Available at: <https://beautymatter.com/articles/is-beauty-ready-for-a-post-climate-crisis-world>

BeautyMatter, 2024. AI SkinTech: Powering Precision Skincare with Science. [online] Available at: <https://beautymatter.com/articles/ai-skintech-powering-precision-skincare-with-science>

BetterEvaluation, n.d. Backcasting. [online] Available at: <https://www.betterevaluation.org/methods-approaches/methods/backcasting>

Bureau of Indian Standards (BIS), n.d. The BIS Act, Rules and Regulations. [online] Available at: <https://www.bis.gov.in/the-bureau/bis-act-rules-and-regulations/>

Chakraborty, S., 2021. Reclaiming Indian Beauty. [online] Medium. Available at: <https://medium.com/decoloniality-past-present-and-future/reclaiming-indian-beauty-4dc621501011>

CleanHub, 2023. The Beauty Industry's Environmental Impact. [online] Available at: <https://blog.cleanhub.com/beauty-industry-environmental-impact>

Copernicus, 2024. 2024 is confirmed as the first year to exceed 1.5°C above pre-industrial level. [online] Available at: <https://climate.copernicus.eu/copernicus-2024-first-year-exceed-15degc-above-pre-industrial-level>

Cosmetics Business, 2024. Biotech Beauty's Unstoppable Rise: The Science Transforming Skin Care. [online] Available at: <https://cosmeticsbusiness.com/biotech-beauty-s-unstoppable-rise-the-science-transforming-skin-care>

Das, M., 2021. Reclaiming Indian beauty. [online] Medium. Available at: <https://medium.com/decoloniality-past-present-and-future/reclaiming-indian-beauty-4dc621501011>

Delve, n.d. Speculative Design and a Cone of Possibilities. [online] Available at: <https://www.delve.com/insights/speculative-design-and-a-cone-of-possibilities>

Exploding Topics, 2024. 35+ Beauty Industry Statistics: Market Size, Revenue & Trends (2024). [online] Available at: <https://explodingtopics.com/blog/beauty-industry-stats>

Feghali, T., Najem, M. and Metcalfe, B., 2025. The implications of greenwashing on corporate sustainability: A systematic literature review. Corporate Governance and Sustainability Review, 9(1), pp.17–28. Available at: <https://virtusinterpress.org/IMG/pdf/cgsrv9i1p2.pdf>

Fashion is Psychology, 2022. The Cult of Skincare Consumerism. [online] Available at: <https://fashionispsychology.com/the-cult-of-skincare-consumerism/>

Forbes Tech Council, 2024. GenAI And Holistic Beauty: A Guide To What's Next In Beauty Tech. [online] Forbes. Available at: <https://www.forbes.com/councils/forbestechcouncil/2024/03/28/genai-and-holistic-beauty-a-guide-to-whats-next-in-beauty-tech/>

GlobeNewswire, 2025. India skincare market valuation is poised to reach US\$ 17.69 billion by 2033: Astute Analytica. [online] 17 Mar. Available at: <https://www.globenewswire.com/news-release/2025/03/17/3043804/0/en/India-Skincare-Market-Valuation-is-Poised-to-Reach-US-17-69-Billion-by-2033-Astute-Analytica.html>

Groupe Berkem, 2023. Holistic Beauty: What Does It Mean? [online] Health & Beauty. Available at: <https://health-beauty.groupeberkem.com/en/news/holistic-beauty/>

Hunt, T., n.d. The Cones of Possibility. [online] Available at: <http://www.ted-hunt.com/CONES.html>

Indian Institute of Art & Design (IIAD), 2024. Fashion and identity: An exploration of clothing's role in shaping personal and cultural identities. [online] Available at: <https://www.iiad.edu.in/the-circle/fashion-and-identity-an-exploration-of-clothings-role-in-shaping-personal-and-cultural-identities/>

India Today, 2025. Is the K-beauty craze trend in India overhyped? [online] Available at: <https://www.indiatoday.in/lifestyle/beauty/story/is-k-beauty-craze-trend-in-india-overhyped-2674922-2025-02-05>

Infomineo, 2024. Trend analysis essentials: components, applications & steps. [online] Available at: <https://infomineo.com/business-research/trend-analysis-essentials-components-applications-steps/>
iDiva, n.d. Indian beauty products from the early 90s and 2000s. [online] Available at: <https://www.>

// Conclusion

idiva.com/beauty/tips/indian-beauty-products-from-the-early-90s-and-2000/18013485

KnowledgeWorks, n.d. Tool for Exploring Plausible, Probable, Possible, and Preferred Futures. [online] Available at: <https://knowledgeworks.org/resources/tool-exploring-plausible-probable-possible-preferred-futures/>

Lindley, J. and Coulton, P., 2021. Speculative and Critical Design: Features, Methods, and Practices. *Proceedings of the International Conference on Engineering Design*, 1(1), pp.1–10. Available at: <https://www.cambridge.org/core/journals/proceedings-of-the-international-conference-on-engineering-design/article/speculative-and-critical-design-features-methods-and-practices/4733BA2190580053A945BAFFF3C3495C>

Loa Skin, n.d. How Skincare is Contributing to the Climate Crisis. [online] Available at: <https://loaskin.com/en-gb/blogs/loa-skin-care/skincare-climate-crisis>

McKinsey & Company, n.d. What are Industry 4.0, the Fourth Industrial Revolution, and 4IR? [online] Available at: <https://www.mckinsey.com/featured-insights/mckinsey-explainers/what-are-industry-4-0-the-fourth-industrial-revolution-and-4ir>

Menteath, 2024. Why Neuro-Skincare? [online] Available at: <https://menteath.com/pages/why-neuro-skincare>

Moriah Behavioral Health, 2024. The impact of social media on body image. [online] Available at: <https://www.moriahbehavioralhealth.com/the-impact-of-social-media-on-body-image/>

Ranjandas Talks, 2024. Revolutionizing Beauty: The Future of Beauty Tech and Indian Brands. [online] Available at: <https://ranjandastalks.com/revolutionising-beauty-the-future-of-beauty-tech-and-indian-brands>

Skin Science Institute, 2023. Holistic Beauty. [online] Available at: <https://skinscienceinstitute.com/holistic-beauty/>

Sprivil, 2023. Advanced Technology in Skincare Production. [online] Available at: <https://sprivil.com/advanced-technology-in-skincare-production/>

Sprivil, n.d. Evolution of Skincare in India. [online] Sprivil Skincare Blog. Available at: <https://sprivil.com/evolution-of-skincare-in-india/>

Times of India, 2022. Clean beauty is a top trend for 2022. [online] Available at: <https://timesofindia.indiatimes.com/life-style/beauty/clean-beauty-is-a-top-trend-for-2022/articleshow/89363395.cms>

Times of India, 2024. Moringa to saffron: 5 ancient beauty secrets of the iconic Mughal queens. [online] Available at: <https://timesofindia.indiatimes.com/life-style/beauty/moringa-to-saffron-5-ancient-beauty-secrets-of-the-iconic-mughal-queens/photostory/119293448.cms>

United Nations, 2020. Climate Crisis: A Race We Can Win. [online] Available at: <https://www.un.org/en/un75/climate-crisis-race-we-can-win>

Vocal Media, 2024. India's Skincare Revolution: Science-Backed, Skin-Specific Solutions. [online]

Available at: <https://vocal.media/men/india-s-skincare-revolution-science-backed-skin-specific-solutions>

Vogue Business, 2024. Why India's Beauty Market Is Turning Heads. [online] Available at: <https://www.voguebusiness.com/beauty/why-indias-beauty-market-is-turning-heads>

Wild Human Skincare, 2023. The history of skincare. [online] Available at: <https://www.wildhumanskincare.co.uk/blog/658/the-history-of-skincare>

Winshanokprasith, W., 2020. Speculative Design: Thinking about the future in times of uncertainty. [online] Medium. Available at: <https://medium.com/@winshanokprasith/speculative-design-thinking-about-the-future-in-times-of-uncertainty-b593e2ca11b6>

World Economic Forum, 2025. AI for India 2030: A Blueprint for Inclusive Growth and Global Leadership. [online] Available at: <https://www.weforum.org/stories/2025/01/ai-for-india-2030-blueprint-inclusive-growth-global-leadership/>

The Energy and Resources Institute (TERI), 2025. World Sustainable Development Summit (WSDS) 2025. [online] Available at: <https://wsds.teriin.org/2025/>

Image References

Avery (n.d.) What You Need to Know About Labelling Beauty Products. Available at: <https://www.avery.co.uk/blog/what-you-need-to-know-about-labelling-beauty-products>

Be Minimalist (n.d.) Product packaging visual. Available at: https://beminimalist.co/cdn/shop/files/31_767x.png

BENGAL CHEMICALS AND PHARMACEUTICALS LIMITED (2024) Entrance to BCPL's factory at Maniktala, Kolkata. [image] Available at: https://en.wikipedia.org/wiki/File:Bengal_Chemicals_%26_Pharmaceuticals_Limited_-_Kolkata_7336.JPG

BlueWeave Consulting (2025) India Beauty and Personal Care Products Market: Industry Trends & Forecast Report, 2019–2031. Available at: <https://www.blueweaveconsulting.com/report/india-beauty-and-personal-care-products-market>

Cochran, M. (2023) Quiet Quitting Is Coming For Your Skincare Routine. Go-To Skincare. Available at: <https://uk.gotoskincare.com/blogs/the-go-to-guide/quiet-quitting-is-coming-for-your-skincare>

Cosmetics and Skin (no date) Pond's Extract Company. Available at: <https://cosmeticsandskin.com/companies/ponds.php>

First Versions (2020) Palmolive (soap). Available at: <https://www.firstversions.com/2020/01/palmolive-soap.html>

GeeksforGeeks (no date) Swadeshi and Boycott Movement. Available at: <https://www.geeksforgeeks.org/swadeshi-and-boycott-movement/>

Glamour Daze (2015) 1930s Beauty – Joan Blondell's Beauty Secrets. Available at: <https://glamourdaze.com/2015/06/1930s-beauty-joan-blondells-beauty-secrets.html>

India Today (2025) How Boroline has managed to remain a cult favourite: From the Swadeshi movement to becoming Gen Z's favourite. Available at: <https://www.indiatoday.in/lifestyle/beauty/story/how-boroline-has-managed-to-remain-a-cult-favourite-from-the-swadeshi-movement-to-becoming-gen-zs-favourite-2689221-2025-03-06>

India Today (2025) How K-beauty is taking over Indian skincare. Available at: <https://www.indiatoday.in/india-today-insight/story/how-k-beauty-is-taking-over-indian-skincare-2726694-2025-05-18>

IW Creative Space (2025) Universe Design. Available at: <https://in.pinterest.com/iwcreativespace/universe-design/>

Listerine (no date) History of Listerine® Mouthwash. Available at: <https://www.listerine.com/about>

Memebox (2025) Memebox US. Available at: <https://us.memebox.com/>

Naturally Balmy (n.d.) Starter Hyaluronic Acid Serum Base Assessment – Essential Oils. Available at: <https://naturallybalmy.co.uk/products/starter-hyaluronic-acid-serum-base-assessment-essential-oils>

Perfect Corp. (2025) AI-powered beauty at Cosmoprof India: The future of skincare and cosmetics. Available at: <https://www.perfectcorp.com/business/blog/general/ai-powered-beauty-cosmoprof-india-future-skincare-cosmetics>

Phoenix Bath & Beauty (2025) Collections. Available at: <https://phoenixbathbomb.ca/collections>

Rixin Cosmetics (n.d.) Sustainable Beauty Trends. Available at: <https://rixincosmetics.com/blog/sustainable-beauty-trends/>

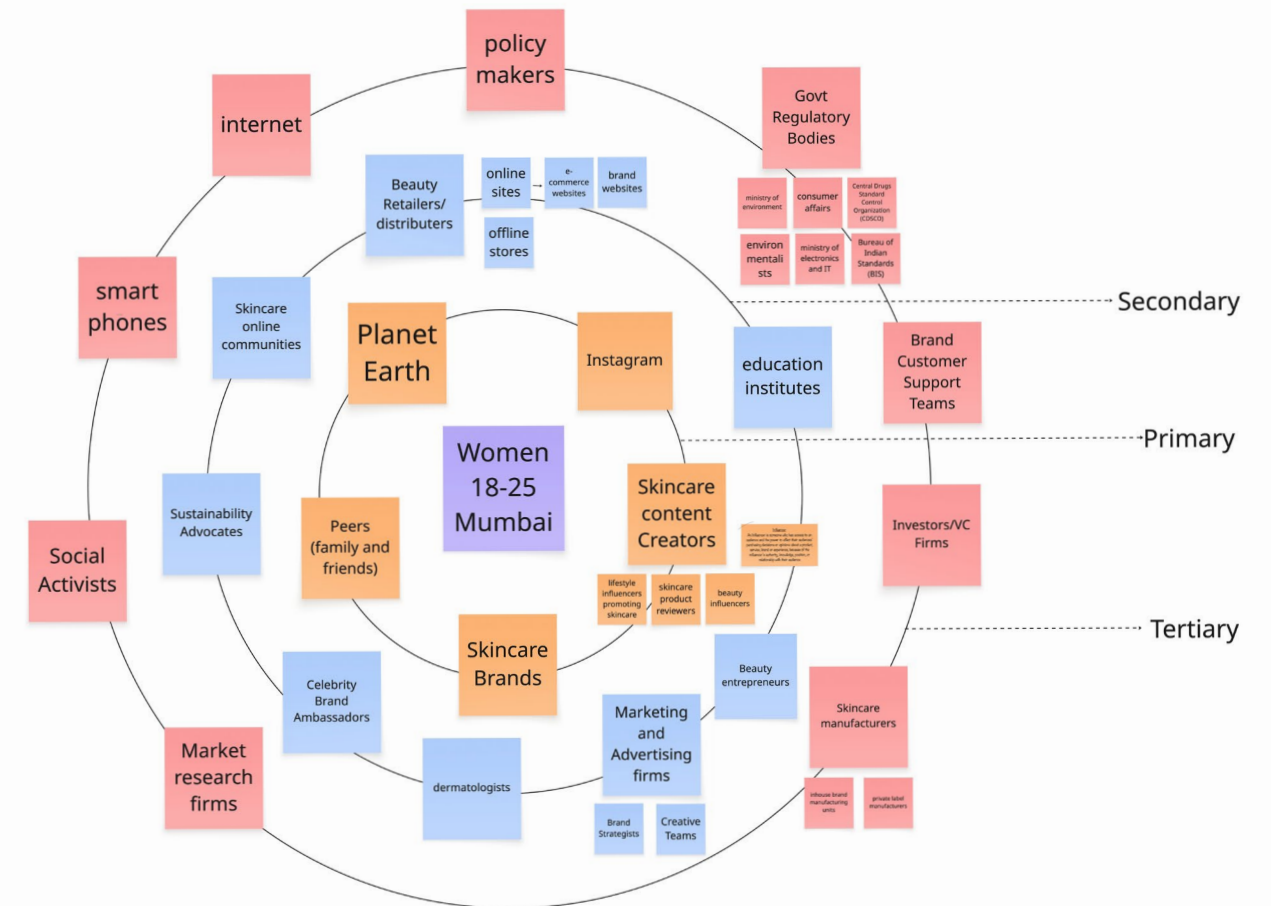
Sambamurthy, K. (2021) When Vicco Turmeric 'nahi cosmetic' spread the love. ET BrandEquity. Available at: <https://brandequity.economictimes.indiatimes.com/news/advertising/when-vicco-turmeric-nahi-cosmetic-spread-the-love/88218441>

The Pragmatic Costumer (2013) 'I've been scent from the past: 17th and 18th century perfumes', The Pragmatic Costumer, 2 July. Available at: <https://thepragmaticcostumer.wordpress.com/2013/07/02/ive-been-scent-from-the-past-17th-and-18th-century-perfumes/>

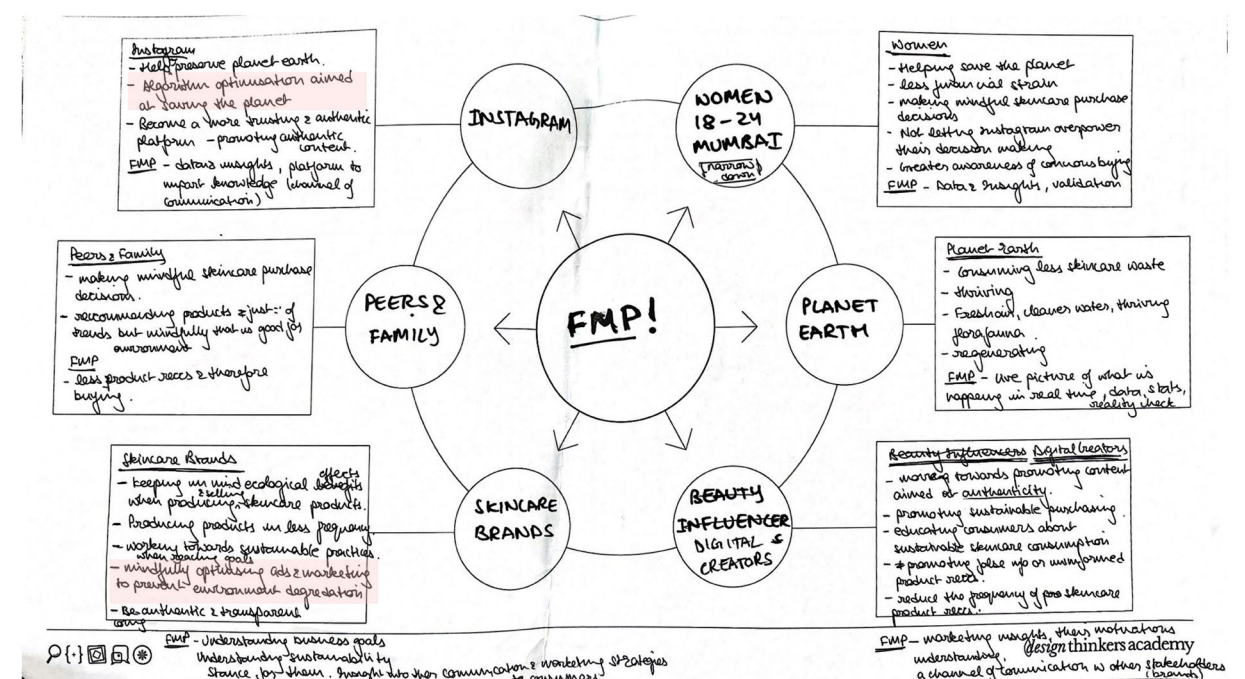
Times of India (2024) Moringa to saffron: 5 ancient beauty secrets of the iconic Mughal queens. Available at: <https://timesofindia.indiatimes.com/life-style/beauty/moringa-to-saffron-5-ancient-beauty-secrets-of-the-iconic-mughal-queens/photostory/119293448.cms>

Appendix

Appendix A - Stakeholder Map



Appendix B - Stakeholder Value Exchange Map

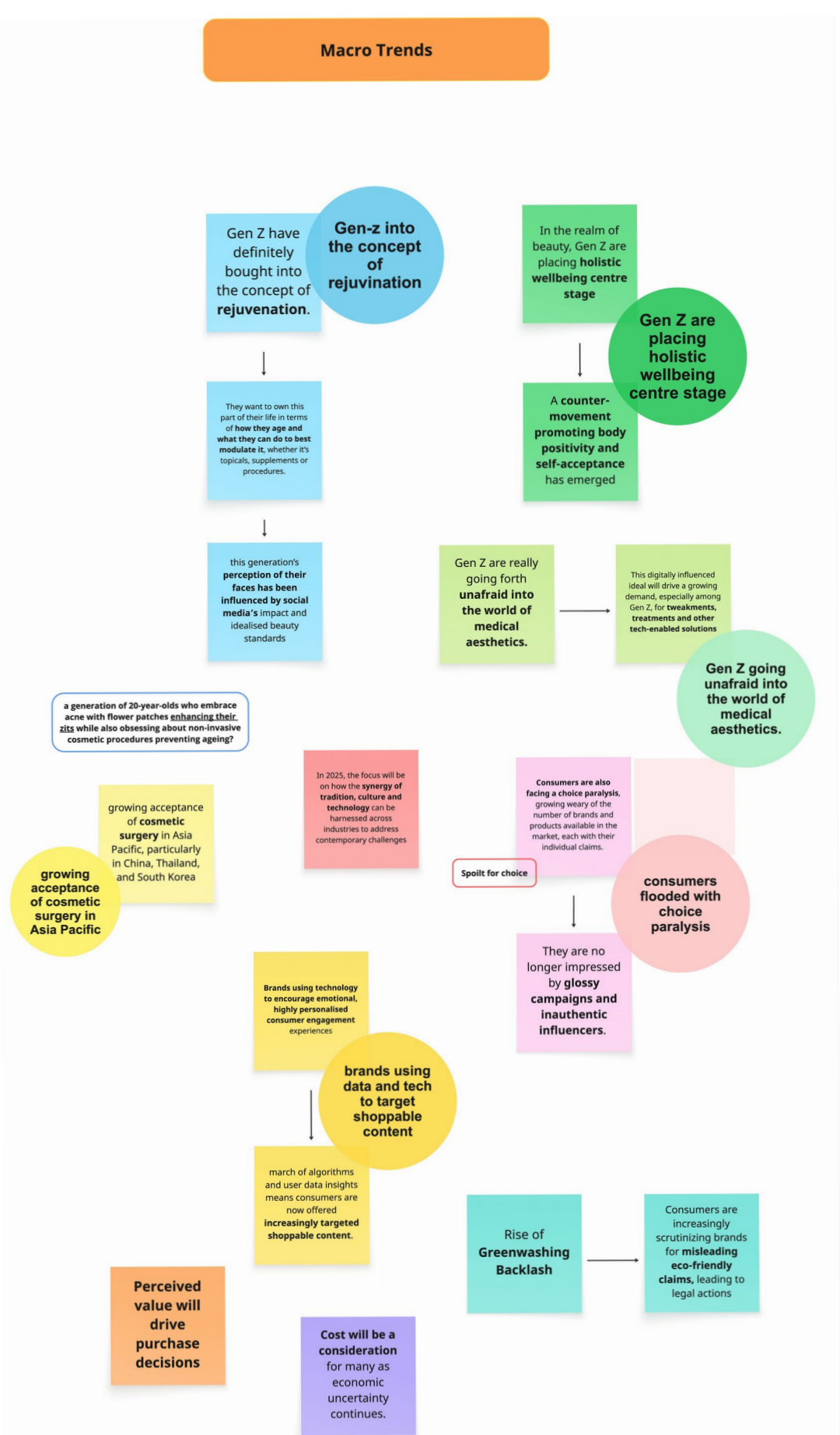


Appendix C - PESTLE+E Analysis

Analysing PESTLE Factors causing consumers to frequently buy skincare products, overlooking its environmental impact	POLITICAL		ECONOMICS		SOCIAL	
	- Terms like "natural," "organic," or "herbal" in skincare products are not strictly regulated allowing brands to market their products as eco-friendly without actually adhering to sustainable practices. - Though India has laws related to Plastic Waste Management Rules, enforcement varies across regions leading to continued use of non-recyclable packaging. - India does not have strict regulations against harmful chemicals like parabens or sulfates in skincare products harming the environment and health. - Initiatives like "Make in India" aim to boost local manufacturing, including the cosmetics sector, leading to more production.		- The rise of microtrends such as graphic eyeliners, lip stains, and tinted moisturizers, all of which have become must-have products thanks to their visibility on platforms like Instagram. - Beauty industry growth is fueled by rising disposable incomes, increased consumer aspirations, and the influence of social media and e-commerce. - The proliferation of social media platforms is encouraging regular use of skincare products to achieve desired aesthetics. Availability of a wide range of skincare products at various price points makes them accessible to a broad consumer base prioritising cost effectiveness, not environment.		- Concept of "stepification," where multi-step routines have become the norm in skincare. - Social circles and peer recommendations significantly impact purchasing decisions. - Consumers often associate skincare products with health and wellness benefits. - In Indian culture, personal grooming and appearance hold significant importance, driving consistent use of skincare products. Engagement with content related to skincare can lead to increased preferences for these products	
	TECHNOLOGY		LEGAL		ENVIRONMENT	
	Instagram's algorithm ensures that content from influencers are targeted effectively and personalised Instagram Shopping allow influencers to tag products directly in their posts, streamlining the purchase process. - Beauty brands are using AI to deliver personalized recommendations and search experiences for consumers. Advertisements on Instagram frequently use time-sensitive deals or highlight limited stock availability, creating FOMO. - The proliferation of online shopping platforms has made skincare products more accessible to a broader audience. - Advances in biotechnology and formulation science have led to the rapid introduction of new and innovative skincare products very frequently.		- Influencers often have access to personal information about their followers and subscribers. - Duping culture has resulted in the production of more of counterfeit products, therefore more buying - The absence of stringent regulations governing environmental claims in product marketing allows companies to use terms like "eco-friendly" or "green" without standardized definitions, misleading consumers - The complexity of the regulatory landscape can lead to compliance challenges for companies, potentially resulting in the prioritization of marketability over sustainability. - The legal framework offers limited incentives for companies to adopt sustainable practices in sourcing, production, and packaging.		- India's diverse climate conditions and high pollution levels drive consumers to invest in skincare products aimed at protection and maintenance. - Despite a shift towards sustainability many Indian consumers prioritize product efficacy, price points and personal benefits over environmental considerations. - Traditional practices emphasizing natural beauty solutions contribute to the use of natural material found in the environment for skincare production, overusing them. - since there is an easy supply of natural ingredient in India, brands capitalize on this by promoting their products as being more eco-friendly or better for health, even though not all of them might truly be sustainable or organic. - Consumers often overlook the negative environmental impacts of their buying patterns, which contribute to the depletion of natural resources, ocean pollution, harm to wildlife, and the production of hazardous microplastics.	
			ETHICS			
			- Consumers often prioritize personal health and safety when selecting skincare products over environment Societal and cultural norms emphasizing specific beauty ideals - The pervasive impact of social media platforms and peer recommendations can drive consumers to frequently buy trending skincare products - Factors like ethical consumerism, health concerns, brand image, and economic considerations influence purchasing patterns.			

Appendix D - Detailed Global Trends Analysis





Appendix E - Detailed India Trends Analysis

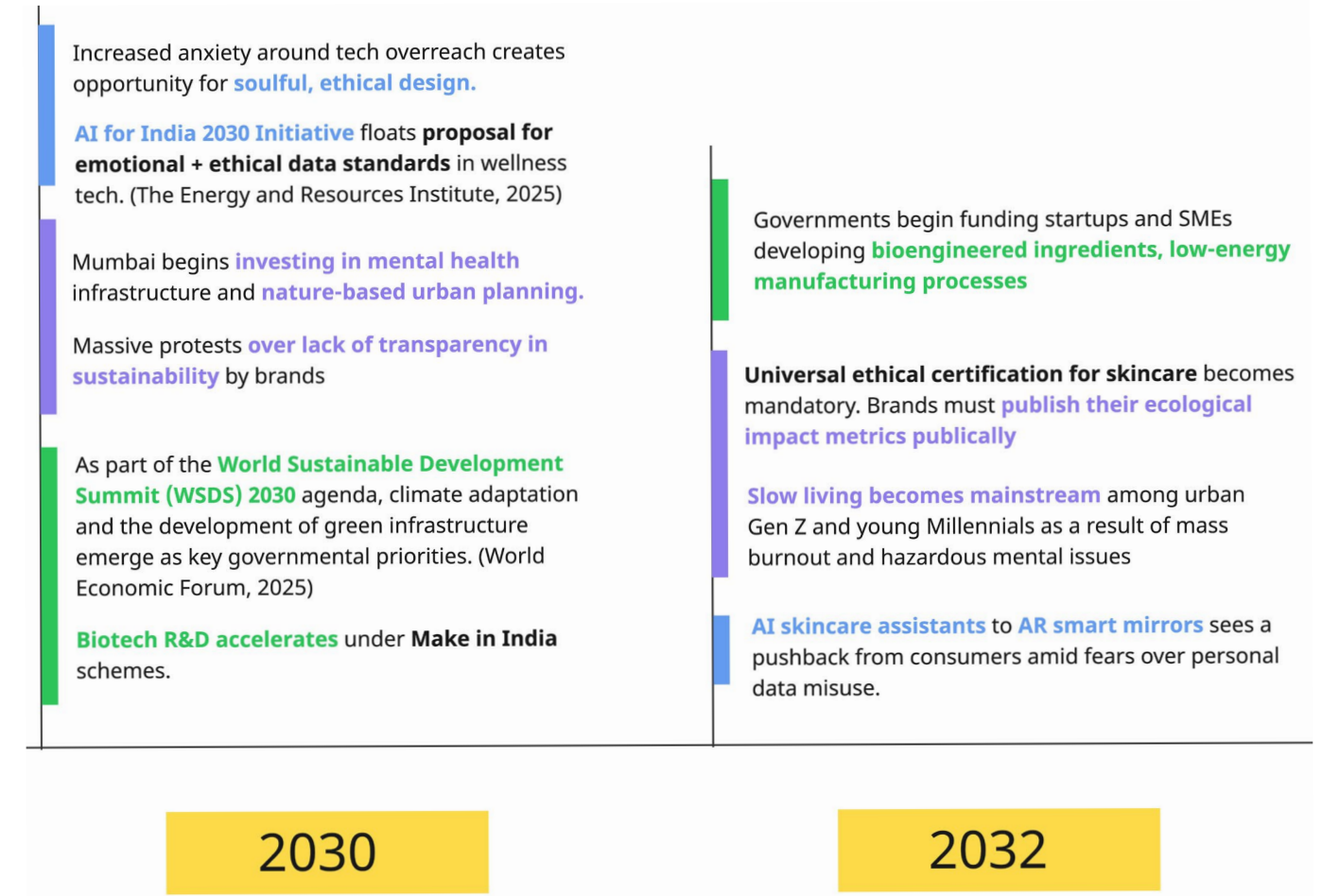
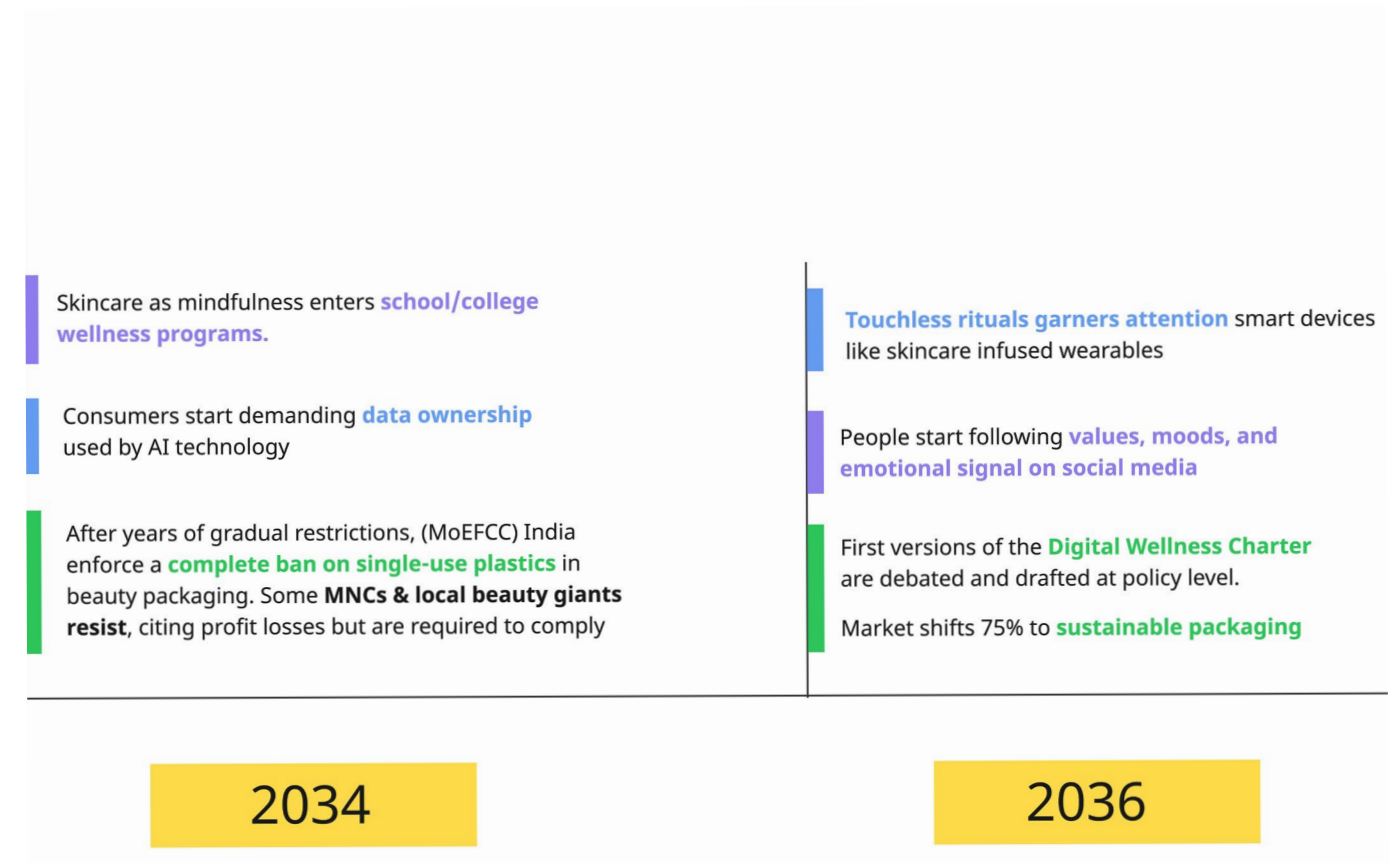
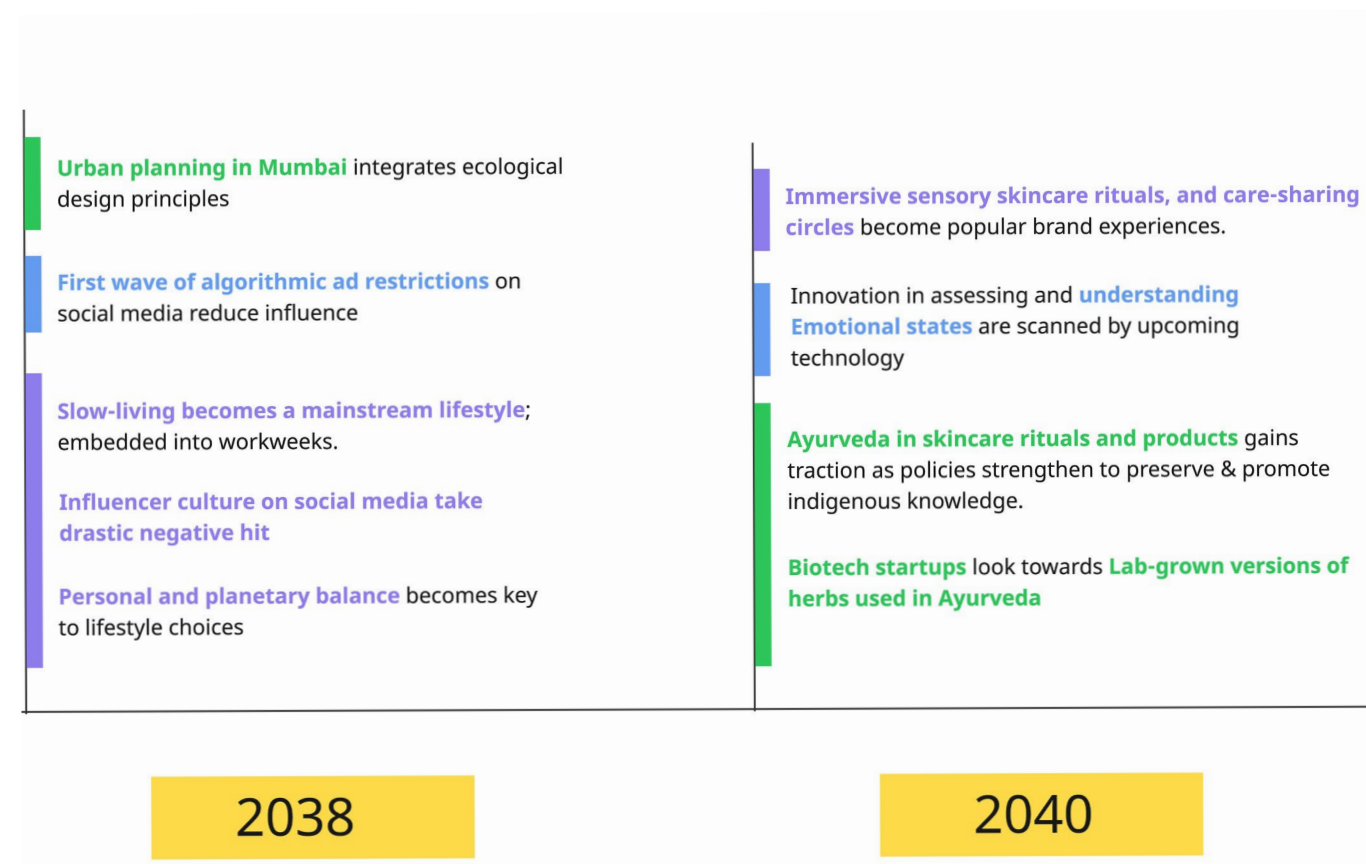
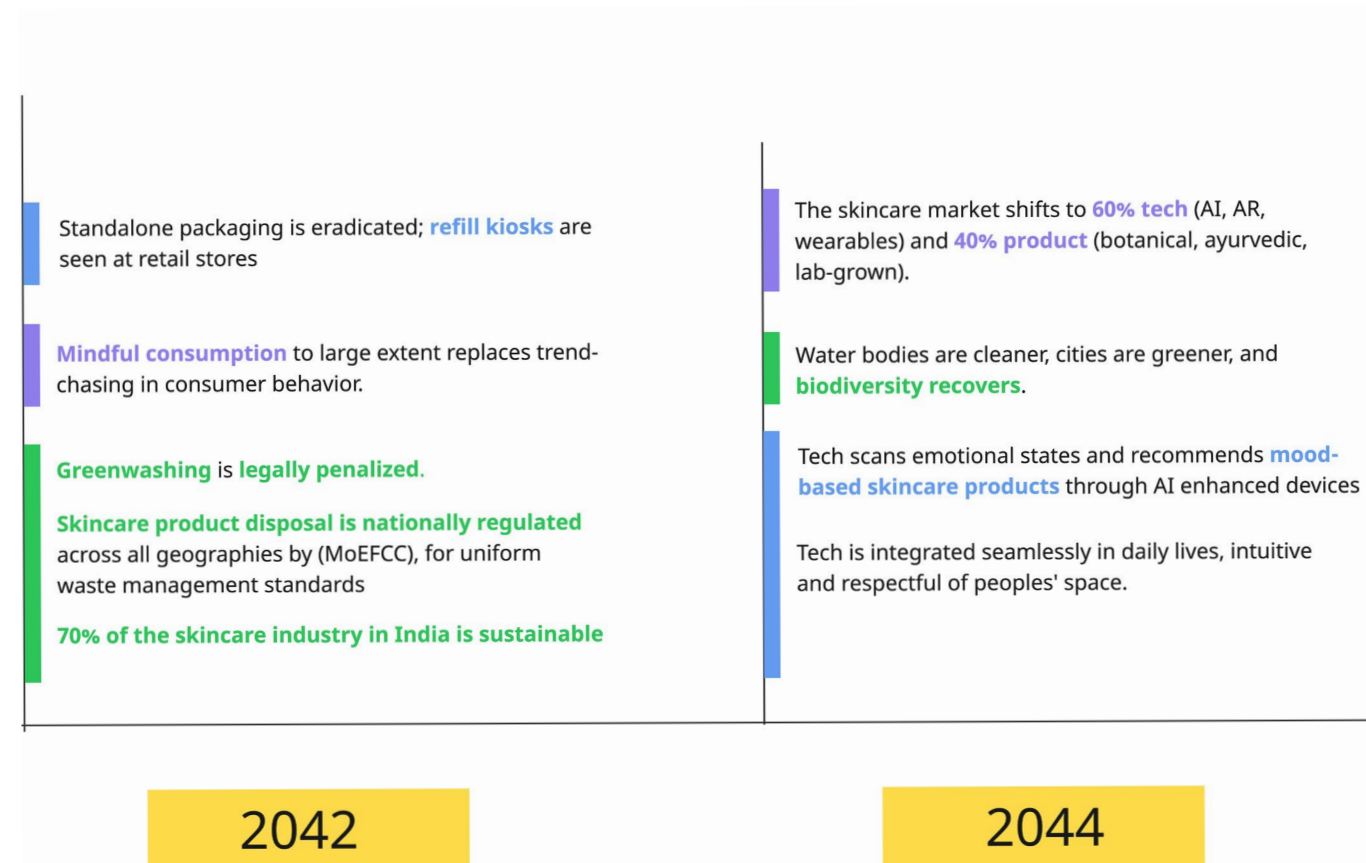


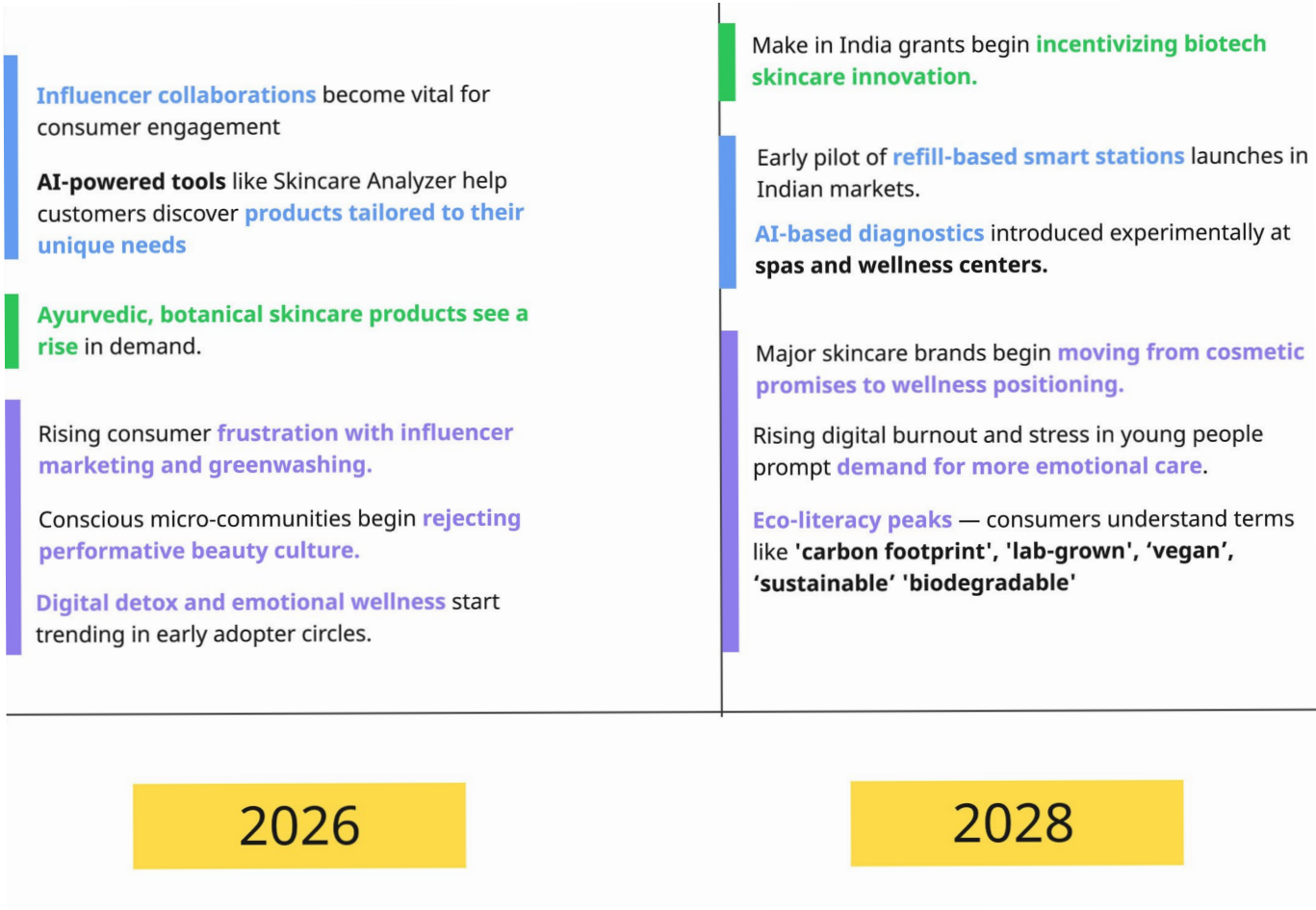


Appendix F - Detailed Backcasting Timeline

Column 1	Column 2	Column 3	+
Theme	Example Topics	Color	
Tech & AI	Emotional AI, personal AI vaults, refill tech, wearables	Blue	
Behavior & Culture + Skincare industry	Soulful living, influencer backlash, wellness rituals	Purple	
Environment & Policy	Sustainability Acts, greenwashing laws, refill stations	Green	
+			







Thank you for reading!